

Neer

The Foundation

2017-18



RIZVI EDUCATION SOCIETY'S

Rizvi

College of Education

OFF CARTER ROAD, BANDRA (W), MUMBAI - 50

Rizvi Education Society's
RIZVI COLLEGE OF EDUCATION



"We endeavor to achieve Excellence Experiential Learning, which is creative, futuristic and lifelong. This will help the participants to acquire the requisite skills and tools to attain personal and organizational goals."

OUR VISION

To develop future ready global youth who will enrich society through their scholastic achievements, possess a drive to excel, and understand the complex and uncertain world around them.

MISSION

- Achieve the highest academic standards
- Create and execute constructive ideas
- School environment that supports and encourages lifelong learning
- Maximum utilization of the school resources and opportunities in the local and international community

MOTTO

Education for Goodness, Growth & Progress

*The Dream of his eye
to build an Educational Hub*

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Late Saqib Akhtar Hasan Rizvi
06.06.1970 - 10.06.2010



Late Abis Akhtar Hasan Rizvi
27.02.1967 - 01.01.2017

*“Sadly missed along life’s way,
quietly remembered everyday.
No longer in our lives to share,
but in our hearts,
you’re always there.”*

In loving Memory of You

PRESIDENT'S MESSAGE

Global Education scenario is changing rapidly. There is a great demand for teachers who can keep pace with the changing scenario. In fact, what the schools need in the new millennium are teachers who can control and make things happen rather than just follow others. Besides focusing on teaching competency, we need to emphasize on the right attitude and values for a successful professional career. This was precisely my aim when I started Rizvi College of Education. Rizvi College of Education aims to develop a spirit of initiative in the Student - Teachers. The system of training practiced by the college ensures that it develops teachers who can be mentors to their students in all respects.

DR. A.H. RIZVI

PRESIDENT, RIZVI EDUCATION SOCIETY



“The true value of a teacher is determined not by what he knows, nor by his ability to impart what he knows, but by his ability to stimulate in others a desire to know.”

A SUPER WOMAN TO INSPIRE ALL !

*Adv. (Mrs.) Rubina A.H. Rizvi
has been awarded India's Most Eminent Woman
Educationist & Entrepreneur of the Year*





A SUPER
WOMAN
TO INSPIRE ALL!



Our honourable Director, Adv. (Mrs.) Rubina A.H. Rizvi has been felicitated with **the Women Achiever Award 2018** at the **Indian Women Convention Women Making India, held in March 2018 at New Delhi.**

This Conference & Awards were to discuss, acknowledge and celebrate the achievements of women who have overcome great cultural and social barriers to become exemplary role models within their communities. The Indian Women Achievers Award applauds and celebrates professional and personal achievements of women who have not only succeeded in their communities but also are taking positive steps for building a better future.

As one looks up the corporate ladder, the strength of women professionals decreases. Even though the statistics vary slightly around the world, this is an extremely consistent pattern followed all around the world. More than half of the employees in organizations are female at the lowest levels. As you move to each successively higher level in the organization, the number of women steadily shrinks. At the CEO level, worldwide, there are only 3% to 4% professionals who are women. Some key agendas of this summit included finding the challenges faced by women towards leadership and what stops them to travel that one extra mile, change mind-sets and perceptions about women and taking necessary steps towards woman leadership and empowerment.

This felicitation was for a few handpicked women entrepreneurs and achievers who have set new benchmarks through their work and are an inspiration to many. Needless to say, our Director was again felicitated at the **Future Women Leader Summit and Awards** held in March 2018 at Bengaluru.

As rightly said, an accomplishment reflects the potential and hard work. We are all indeed blessed to work for this dynamic, vivacious and a wonderful person. More power to you ma'am. You truly are an inspiration for all our Teacher Educators and Student-Teachers.



DIRECTOR'S MESSAGE



The Art of Teaching is the Art of Assisted Discovery. What matters most today is not how much information we can stuff into the minds of learners, but whether we are able to help them develop a very different set of qualities like persistence, self-control, curiosity, grit and self-confidence. The training provided at Rizvi College of Education encompasses this attitude of change. At Rizvi College of Education our aim is not just to be good but to be the 'Best' in teacher-training Industry.

ADV. (MRS.) RUBINA AKHTAR H. RIZVI
DIRECTOR, RIZVI EDUCATION SOCIETY

“Teaching is a creative profession, not a delivery system. Great teachers do (pass on information), but what great teachers also do is mentor, stimulate, provoke, engage.”

- Ken Robinson

PRINCIPAL'S MESSAGE

It gives me immense pleasure to bring forward to you the annual magazine of Rizvi College of Education, NEEV: THE FOUNDATION (2017-18). NEEV, meaning foundation in English is of prime importance for any structure to remain intact and stand strong. Teachers shoulder this great responsibility of raising a strong foundation for learners. This foundation is not only in terms of pedagogy and knowledge but also entails strong values, ethics and a sense of responsibility towards the society at large. Without a strong foundation nothing of value can be ever created. The foundation of future prosperity is built on the bedrock of good institution and strong leaders. Needless to say, the foundation of Rizvi Education Society has been laid by none other than our President, Dr. A.H. Rizvi, an exceptional educational leader, who created this super structure named Rizvi Education Society. Rizvi College of Educations stands tall on the values that have been passed to us by our dear President. Any superstructure cannot stand the test of time if it does not have a clear vision and attainable goals. This vision and goal has been set up by our beloved Director, Adv. Mrs. Rubina A.H. Rizvi on the pillars of Humanity, Equality and Spirituality. She has been an exceptional leader setting global benchmarks for the institution. Our beloved teachers and students are the roots of this superstructure who provide nourishment and value to our institution. The current issue of the annual magazine brings in plethora of deliberations and insights. It not only focuses on the work and achievement of the institution but entails a promise of greater achievements and standards in future. I am thankful to the Editor and the Editorial Team for bringing forward a magazine that people would not want to put down.



DR. RADHIKA VAKHARIA
I/c Principal
RIZVI COLLEGE OF EDUCATION

“LIFE AS A
TEACHER BEGINS
THE DAY YOU
REALIZE THAT
YOU ARE ALWAYS
A LEARNER.”

-Robert John Meehaw

FROM THE EDITOR'S DESK...



MRS. NAHIDA MANDVIWALA
EDITOR
RIZVI COLLEGE OF EDUCATION

“Education is not
the filling of a pail,
but the lighting of
a fire.”

- William Butler Yeats

On behalf of the Management, and the Editorial Team of our magazine, I welcome you all to the Rizvi College of Education's yearly college magazine ‘Neev – The Foundation’.

The magazine speaks volumes about the determination, passion, hard work, success, of Rizvi College of Education. It gives me immense pleasure to present a glimpse of our college which continuously strives towards strengthening the roots of our student teachers. Neev is a representation of the voices of the staff and the students of Rizvi College of Education.

The vision behind the magazine is to highlight the strong foundations of education laid in the hearts of novice teachers. And for this express purpose we present the college magazine which gives a birds eye view towards our endeavours. Our activities are aimed at developing teachers who are, rich in our Indian culture, deep in our spiritual beliefs and competent in the global context. This magazine attempts to reflect these various dimensions of growth in our students.

As rightly said by John Maxwell, “A Pessimist complains about the wind, optimist tries to change it and a leader adjusts the sails.” And the sails for this magazine were adjusted by our Honourable Director, Adv. (Mrs.) Rubina Akhtar Hasan Rizvi. Without her leadership, expert guidance and philanthropic support this magazine wouldn't have seen the light of the day.

I would like to express my gratitude and heartfelt thanks to the management who have always been supportive and have continuously encouraged us in all our endeavours.

My heartfelt gratitude goes to our dear Principal, Dr. Radhika Vakharia who is not only a great motivation to all of us but also a person who gave us the belief that we as a team can do wonders. She has been our pillar of support and has greatly motivated us in this endeavour.

As it is rightly said, “A dream doesn't become reality through magic; it takes sweat, determination and hard work.” And the Editorial Team has put in immense efforts in compiling this issue. The credit in completing the work of the magazine goes to the entire editorial team.

Neev

The Foundation

Editorial Team of 'Neev' – The Foundation

Chief Editor: Dr. (Mrs.) Radhika Vakharia

Editor : Mrs. Nahida Mandviwala

Sub-Editors : Mr. Gyanprakash Arya

Mrs. Spoty Karthik

Dr. (Mrs.) Priyanka Pandey

Dr. (Mrs.) Rakhi Sawlane

Mrs. Pooja Manghirmalani Mishra

Student Editors :

Nidhi Kothari (Batch 2016-2018)

Rubina Raona (Batch 2016-2018)

Minhal Shaikh (Batch 2016-2018)

Shamreen Shaikh (Batch 2016-2018)

Devesh Nandkarni (Batch 2017-2019)

Shahima Shaikh (Batch 2017-2019)



OF RIZVI COLLEGE OF EDUCATION

Achieve excellence by creating globally competent teachers through World-class education.



OF RIZVI COLLEGE OF EDUCATION

We endeavour to achieve excellence through value oriented, experiential learning which is creative, futuristic and lifelong.



OF RIZVI COLLEGE OF EDUCATION

To develop awareness of professional ethics and multi-faceted roles of a teacher.

At RCoED we are proud of the high-quality teaching faculty teamed up for the ambitious journey. We have a committed team of teachers and leaders who are passionate about what they do in the classroom and outside of it. They strive to model the integration of heart, soul and mind that allows for a vibrant framework of instruction, discipleship and growth.

THE TEAM OF RIZVI COLLEGE OF EDUCATION



Dr. (Mrs.) Radhika Vakharia

I/c Principal
M.A., M.Ed., N.E.T. (Education)
Ph.D. (Education)

Mr. Gyanprakash Arya

Assistant Professor
M.A., M.Sc., M.Ed.,
M.Phil., N.E.T. (Education)



Mrs. Spoty Manoj Karthik

Assistant Professor
M.Sc., M.Ed.,
N.E.T. (Education)

Mrs. Nahida Mandviwala

Assistant Professor
M.A., M.Ed., N.E.T. (Education)



Dr. Priyanka Pandey

Assistant Professor
M.A., M.Ed., P.G.D.G&C., Ph.D.
(Psychology) Diploma in Yoga.

Dr. Rakhi Sawlane

Assistant Professor
M.Sc., M.Ed., P.G.D.H.E,
N.E.T.(Education), Ph. D. (Education)



Mrs. Pooja Manghirmalani Mishra

Assistant Professor
M.Sc. (Comp.Sci), M.Ed.,
S.E.T.(Education), P.G.D.M.E.

Ms. Rehana Ansari

Clerk
B.Com. MBA



Mr. Aashish Nijap

Support Staff
B.A.

Mr. Pandurang Bodade

Support Staff
B.A.



Partners

in Our

ENDEAVOUR

Rizvi Springfield High School
(S.S.C.) Bandra (W)

1

Purushottam High School
Bandra (E)

5

Anandilal Poddar High School
Santacruz (W)

9

Bandra Hindu High School
Bandra (W)

13

Versova Welfare High School
Andheri (W)

17

Rizvi Springfield High School
(C.B.S.E) Bandra (W)

2

Antonio Dsouza High School
Byculla

6

Barfiwala Cosmopolitan
High School
Andheri (W)

10

St. Stanislaus High School
Bandra (W)

14

BMC Schools
Santacruz (E& W) Bandra (W)

18

Rizvi Arts, Science and
Commerce Jr. College
Bandra (W)

3

Kamla High School
Khar (W)

7

Shree Ram Welfare Society's
High School
Andheri (W)

11

St. Louis High School
Dahisar (W)

15

Diamond Jubilee
High School
Byculla

19

Air India Modern
High School
Santacruz (E)

4

B.P.M. High School
Khar (W)

8

Anjuman-I-Islam Girls
High School
Bandra (W)

12

St. Joseph High School
Bandra & Juhu

16

Indian Education Society
New English School
Bandra (e)

20

Holy Cross High School
Juhu

21

Awami Urdu High School
And Junior College
Bandra (W)

22



Journey So Far...

About The College...

GLIMPSES INTO THE SUPER STRUCTURE: RIZVI EDUCATION SOCIETY

RIZVI EDUCATION SOCIETY was established in 1982 by Dr. Akhtar Hasan Rizvi with the dream in his eye to set up an educational center. His firm belief that it's better to light a candle than to curse darkness gave shape to his dream of creating a productive India. The year 1985 witnessed the establishment of Rizvi College of Arts, Science and Commerce and Rizvi High School. And today in a short span of three decades, Rizvi Education Society has spread its wings and branched into various professional colleges producing stalwarts for the country.

THE SUPER STRUCTURE'S PILLAR: RIZVI COLLEGE OF EDUCATION

RIZVI COLLEGE OF EDUCATION was founded in the year 2003 under the aegis of Rizvi Education Society. In a span of fifteen successful years, Rizvi College of Education has made a remarkable progress in the educational fraternity. It has emerged as a premier institute creating teachers equipped with the latest trends and technologies in education. It provides dynamic training programs that empower teachers to meet the challenges in the ever changing global scenario. The college aims at training of student teachers in their pedagogy through content, hands on experience and reflection. The college strives to prepare motivated teachers who are enthusiastic, competent, morally upright, and committed towards teaching. The credit for the success of this institute rests with its President - Dr. A. H. Rizvi, whose vision and endeavor to make a difference in the society has led to the establishment and growth of Rizvi College of Education.

Rizvi College of Education is affiliated to University of Mumbai since 2003 and has been approved by NCTE.



Digital Teacher

While technology can play an important role in restructuring teaching and learning practices, teachers must take a leading role in designing appropriate learning environments that effectively incorporate technology to help their students learn well with technology. Computer technology, as tools, could empower students with thinking and learning skills, and help students interact with complex materials. Learning and using the technology in the right form can ensure that these teachers are future ready.

At RCoED, we claim that our student-teachers are “future ready”. It means exactly what it sounds like. If your goal is to be a successful teacher and deliver a high-quality education to your students, you must be future ready. Our world is built on technology and students must know how to use and implement it in everyday life. Luckily, being future ready doesn't necessarily mean knowing what device is the latest and greatest. Future ready means being open-minded about changing ideas and technology, willing to adapt teaching techniques and integrate different technology in the classroom, and able to collaborate with fellow educators to devise methods for maximizing the learning potential. To ensure that our student-teachers are future ready digital teachers, RCoED provides its students with the skills they need to succeed in today's world.

CREATING DIGITAL TEACHERS

RCoED is not just implementing ICT in its Teaching-Learning process, but is also motivating its Student- Teachers to follow its suit. Following activities are conducted by RCOED to facilitate ICT in Education:

- ✓ Online Tests, Feedback and Registration processes
- ✓ Online forums for Student-Teacher Connect
- ✓ Social Media Connect and Handles
- ✓ Hands-on Smart Boards
- ✓ ICT for Research and Assessment
- ✓ Developing e-Portfolios, Audio-Visual Teaching Aids and e-Learning Resources
- ✓ Accessing e-Libraries and e-Resources
- ✓ Use and development of OER
- ✓ Understanding and abiding by the ethics of ICT

RCoED emphasises on the usage of Open Educational Resources only. This enables the student-teachers to explore the limited resource to its full potential and in process truly be digital teachers who know the full potential of digitalisation and technology. One such venture undertaken by RCOED was conducting an Intercollegiate Online Quiz Competition to celebrate the History of India's Freedom Struggle on 15th August 2017. In this online quiz, everything from designing images (digital banners) to creating the test was done by the student teachers. A small coding was inculcated to ensure that the winner is identified easily and non-stop internet connectivity was provided through temporary servers. This entire venture was undertaken by the student-teachers with the support of their ICT trained teacher educators and it was implemented successfully.

Mrs. Pooja Manghirmalani Mishra is the faculty in-charge for Ability course and EPC Course of Critical Understanding of ICT.



Teachers: Community Helpers

'No Job is too Big or too Small, Community Service Helps All !'

Service is an important way to bind citizens to their common social compact. It reaffirms the notion that human beings are “social animals” in the sense that we all need each other to survive. The particular task of community service is aimed at the engagement of people, particularly young adults, in a project that connects them to others, who may be different from those of their class, ethnicity, religion or gender. Thereby connects them to human variety within the community. Under the roof of Rizvi college of Education, student-teachers participate in various community welfare activities by working with homes for aged, orphanages and special schools. They also work with NGOs' like Human Social Foundation, Aseema etc. to carry out awareness programmes on social issues, health issues and cleanliness of surroundings. Beautification of railway stations, performing street plays, tutoring of children from the marginalized society and distribution of stationery and study materials for orphan children constitute as an important part of community work. Student-teachers are given an opportunity to participate in outreach programmes to help the society.

Engaging in community service provides student-teachers with the opportunity to become active members of their community and has a lasting, positive impact on society at large. Community service or volunteerism enables them to acquire life skills and knowledge, as well as provide service to those who need it most.

Common Benefits of Community Service Program

Psychological Benefits

Volunteering increases overall life satisfaction and decreases stress and eases depression.

Social Benefits

Volunteering engages students with the community, creates special bonds with the population and increases social awareness and responsibility

Cognitive Benefits

Volunteering helps students enhance their personal knowledge, grow from new experiences, develop better interpersonal communication skills.

Participating in community service activities helps to enhance student resumes by allowing students to obtain work-related skills prior to graduation. It also helps students develop civic and social responsibility skills and become more aware of what their community needs.



Education is for improving the lives of others and for leaving your community and world better than you found it.

Volunteers do not necessarily have the time ; they have the heart



I never really thought of community service as a movement, but it is.

Reflection by Harpreet Chhabra

Earth is the only known planet to have life, Save it



Mr. Shailesh Gandhi

Former Information Commissioner gave a talk on Right to Information (RTI). Under the provisions of the RTI Act, any citizen of India may request information from a 'public authority', which is required to reply expeditiously or within thirty days. Mr. Gandhi was part of the National RTI movement which was involved in drafting the National Act.

Mr. Gandhi gave a detailed explanation about the 'Right' and its importance. He went on to discuss the impact of this act and how one can file the RTI. It was a very enriching session which gave us the insights of the Act by understanding the hidden clauses.

A workshop on **Disaster Management** led by Mr. Gopalakrishnan was organised by 'One India One People Foundation', an NGO. In this workshop, Mr. Gopalakrishnan explained the processes of disaster mitigation and disaster management with some practical activities.

With the motto of 'Save the Earth' the college in its day to day activities tries to inculcate in its student teachers the attitude of 'green and clean earth'. Students demonstrate this attitude by living a greener lifestyle, not polluting the environment and conserving the earth's resources.

The college has constituted an 'Environmental Cell' to make the student teachers aware about the environmental issues and challenges. It encourages them to disseminate the information and sensitize the school children and the society at large about these challenges.

The cell organizes workshops, nature trails, talks and seminars. Student teachers also conduct assemblies related to environmental issues and sustainable living on the days of environmental significance. They display posters, news articles and quotes on the bulletin board.

Student teachers participated in the workshop '**Multiply the Message**' organized and conducted by Trailblazers aiming at imparting Environmental Education as well as providing training in Innovative Methods of Teaching Environmental Sciences. The theme of the workshop was '**Climate Change- Give Earth a Chance.**'

A seminar on '**Save the Rivers**', was organized by the college in collaboration with the ISHA foundation which is a non-profit, spiritual organization founded in 1992 by Sadhguru Jaggi Vasudev in continuation





Health isn't just about what you eat. It's about what you think and feel.



Rizvi College of Education organized a drive towards Mental Health Awareness at Bandra Station on 10/10/2017. The drive started at 09:30 am with the student teachers displaying the placards which were prepared by them reflecting the theme i.e. Mental Health Awareness. The placards built curiosity amongst the commuters to enquire about the drive. They then approached the student-teachers for the same. The student teachers briefed them about the campaign and led them towards the second activity.

The second activity was wherein the commuters had to select an emoji from the six emojis displayed by the student teachers to express their mood. Once the emoji was selected the commuters then had to stick the same on the flex banner which was displayed on a wall. Most of the commuters selected the happy and love mood. At the end of this activity each commuter was given a mental health awareness badge and if he/she wished further counseling, they were sent for next activity.

The last activity was carried on by Dr. Priyanka Pandey. She is a faculty at RCoED and an in-house psychologist. People who needed help with their stress were given standardized stress test. After the stress test, Dr. Priyanka analyzed it and counseled them. This activity greatly benefitted the commuters because it lowered their stress. The awareness program was a success and a great learning experience.

Career Guidance programme



School students undertook a Multiple Intelligence Test which was devised by Dr. Priyanka herself.

Each career corner catered to a different Intelligence type, where special pamphlets, designed by faculty of the college and finalized by Mrs. Pooja Manghirmalani-Mishra, were handed over to students. A small talk and one-to-one counseling was undertaken from start to the end.

Overall, it was a very successful programme with a lot of positive response and feedback from the Air India Modern School teachers and students.

A career guidance programme was organised by the faculty and student-teachers of S.Y.B.Ed. at Air India Modern School on 30/11/2017, to guide the Grade X students about the importance of their decision and helping them make informed career choice.

It was a three-hour session where the programme was inaugurated by the Principal of Air India Modern School, Mrs. Kalpana Pawar and Principal of RCoED, Dr. Radhika Vakharia. Both in turn, explained the importance of making the right career choices. Next, Dr. Priyanka Pandey, faculty and psychologist of RCoED spoke about Multiple Intelligence and the careers related to each of the eight intelligence types. The session was concluded by Mrs. Spoty Karthik, our Guidance and Counseling expert, where she discussed various career options and their requirements.



A career is not just about earning an income. It is about pursuing the essence of life.



WOMEN EMPOWERMENT

The principle of gender equality enshrined in the Indian Constitution perceives that all women and men have right to live as free and equal human beings. The goal of the Women Development Cell is the realization of this principle. To achieve this goal the college organizes various activities. A few of them are:-

- Talks on legal rights of women
- Training in providing sex education in schools
- Workshop on providing education to school children on child sexual abuse
- Financial literacy program

An awareness lecture on Legal rights of Women in India titled 'Human Rights as Women's Rights' was delivered by Dr. Daisy Alexander, Principal of Rizvi College of Law. Laws related to property rights, medical rights, domestic violence and sexual harassment were explained and discussed with reference to cases.



**Every accomplishment
starts with
the decision
to try**

Reflection by Minhal & Arzoo



College had organized a Poster Competition for the student teachers of both the years. The theme of the competition was **Gender Equality**.

It covered topics such as gender stereotyping, gender bias, POCSO Act- 2012 and Domestic Violence Act- 2005. All students who participated in the competition portrayed their concepts onto the canvas with enthusiasm in innovative styles. Strong messages were conveyed through these creative expressions.

Kudos to the Winners

First Prize: Ms. Shakeeba Merchant

Second Prize: Ms. Ruksana Parmar & Arzoo Sayed

Third Prize: Ms. Minhal Shaikh & Sana Hussain.

To be healthy as a whole, mental wellness plays a role.

Teachers need to cope with classroom challenges and handle their feelings in order to manage themselves better. Thus it is vital that teachers take care of their own well-being by managing the stress they experience. This helps in teaching effectively and helping students deal with their stress. To enable student teachers manage stress efficiently several workshops and activities are conducted by the college.

Workshop on 'Stress Management'

By Fr. Dr. Clifton Lobo, where students are trained in meditation, relaxation techniques and wellness activities. Fr. Lobo is an expert in the field.

Workshop on Yoga and Meditation

Teaching is considered to be one of the most stressful professions chosen by many in India. Over 15% of teachers leave their jobs every year due to burnout. Not only do teachers have to deal with occasionally difficult students but also work long hours to correct papers and develop lesson plans apart from regular activities. This is where yoga and other meditation techniques can help. In Rizvi College of Education Yoga sessions are carried out throughout the year by Mr. Gyanprakash Arya and Dr. Priyanka Pandey.



Science and Art Of Yoga

Yoga is also known for healing inner wounds of human beings. Students were taught simple to complex asanas like

- ❖ Tadasana
- ❖ Trikonasana
- ❖ Dhanurasana
- ❖ Kapalbharti

Benefits of Yoga for Teachers

- Yoga helps teachers better cope with the physical demands of their jobs.
- Elementary school and high school teachers spend a lot of time on their feet, which can be hard on one's body after several years. Yoga provides relief to strained feet.
- Other teachers such as those who work with very young children and those who work in physical education have even greater physical demands. Yoga helps mediate the demands of these teachers.
- Fortunately, a regular yoga regimen can increase flexibility and improve core strength while it reduces a teacher's stress levels.

Role of Teachers

Towards an Inclusive Society

Inclusive education is about how we develop and design our schools, classrooms, programs and activities so that all students learn and participate together. It is about valuing and celebrating diversity. Inclusion of children with different disabilities has become the right of the these children and the need for an inclusive society. So all regular classroom teachers should be sensitized to suspect, and trained to screen for this disability when the child is in school. Keeping this perspective in mind, the college organizes specialized talk, visits and training for the student teachers.

Towards Inclusion

Talk on 'Inclusion of the Learning Disabled', by Dr. Manoj Bhatawdekar who is a leading Psychiatrist of Mumbai. He described the classification of different neuro developmental disabilities; explained the identifying characteristics of each type and the intervention strategies teachers could use in inclusive classrooms. He shared with the student teachers his vast repertoire of experiences in dealing with such cases.

Community Work in Little Angels Special School

Primarily aimed at reaching out to children with special needs the school enhances social awareness through its inclusion of normal children in its classes.

Working in Little Angels School was a very valuable learning for the student teachers, testimony of which is evident in their reflections.

Inclusion is a way of thinking and acting that allows every individual to feel accepted, valued, and safe. The programmes organized by the college aim at developing this philosophy in its student teachers.

“Inclusive, good quality education is a foundation for dynamic and equitable societies”

~Desmond Tutu

Reflections by Students

“It was an honour and privilege for all five (Haya, Namrata, Ammara, Rafiya & Devesh) of us to get such an opportunity to visit this wonderful world, where sympathy is prohibited and empathy is welcomed. Since we all were assigned varied responsibilities in different departments, we explored all kinds of excellent activities. The activities planned for 'Life Enrichment' have unimaginably excelled the children's lives. Sessions like 'Independent Living' have enabled the students to stay self-reliantly in this society. 'Capoeira' has made them physically disciplined. Other activities including Tabla, Rifle shooting, Swimming, Dance, Drawing have surely enhanced their confidence. All subjects included in the timetable are perfectly planned and implemented as well. We salute Jehangir sir (the Director), Sheela madam (the Principal), along with their industrious staff including Deepa madam, Jasmine madam, Aditya sir, Deepak sir, to name a few, who are extremely patient and self-motivated while dealing with the children.” We hope that this noble work of Little Angels continues till the end of eternity”.

Research Mindedness

RCoED's Research Cell aims to nurture research culture in the student teachers and faculty by encouraging research in newly emerging and challenging areas of Education and in its multidisciplinary fields like ICT, Psychology, Philosophy etc.

In order to provide every faculty member and student teachers with the latest skills and expertise in their area of interest, Research Cell in RCoED is devised. Due to the efforts of Research Cell, all our diverse teachers can share their expertise and in return enrich, enhance and help every faculty member and student teacher to grow to the optimum. The ongoing activities of Research in RCoED include:

ACTION RESEARCH

Action Research- where the student-teachers are working with teacher educators and schools/ colleges in dealing with sensitive and pressing issues experienced during their internship. Some areas of the Action Research projects include:

- ✓ A study of violence against adolescent girls
- ✓ A study of awareness of Sex Education in suburban schools in Mumbai
- ✓ A study on Self Esteem of adolescent of Suburban Mumbai
- ✓ A study of metacognition skills of junior college students
- ✓ A comparative study on preferred learning style of standard IX students
- ✓ Assessment of emotional intelligence of adolescent students and suggesting interventional strategies for leveraging their weaker skills
- ✓ Skill development in Students through Inquiry as a Teaching Learning Strategy
- ✓ Integrating Cooperative Spirit and Skills in the Learning Culture

HANDS-ON DATA ANALYSIS

Student teachers are given some hands-on training sessions for conducting data analysis. They are taught to use the OER to its full potential. It includes sharing and creating sheets, forms, questionnaires online for easy and quick data entry, performing t-tests and descriptive analysis of the data, generating graphs and doing result analysis

CONFERENCES AND MORE

RCoED organises National level conferences to support the teaching fraternity in its endeavour of research and development. It is a platform given to school teachers, teacher educators and student-teachers in order to exchange research and bridge the gap of curriculum and real requirements of the teaching-learning at schools.

COLLABORATIVE RESEARCH

Teacher Educators of RCoED collaborate with various research organisations to enrich the research culture of the college and in return benefit the society. Some of these collaborations are with:

- ✓ Machine Intelligence Research Labs, USA
- ✓ Rizvi Springfield High School, Mumbai
- ✓ Air India Modern School, Mumbai
- ✓ Manav Seva Sangh, Mumbai
- ✓ Department of Education, University of Mumbai, Mumbai
- ✓ Department of Computer Science, University of Mumbai, Mumbai
- ✓ Banaras Hindu University, Varanasi

Research Cell is lead by Dr. Priyanka Pandey and Mrs. Pooja Manghirmalani-Mishra.



A good teacher
has to be a
Researcher



A Teacher For Life

Helen Adams Keller (June 27, 1880 – June 1, 1968) was an American author, political activist, and lecturer. She was the first deaf-blind person to earn a Bachelor of Arts degree. Many of us know about Helen Keller but how many know about the teacher of this achiever who gave her the vision of not blaming her disability. She is Anne Sullivan.

Anne Sullivan was an American teacher and the lady who took an extremely impaired girl named 'Helen Keller', from an abnormal condition to graduation from the Radcliffe College. Tormented by the eye diseases which caused her to undergo many medical operations at the age of 16, Anne joined a school for the blind and completed her graduation in 1886. After some of her sight had recovered, Sullivan pursued the formidable task of teaching a child who was unable to see, hear, or speak. Through her miraculous innovation and the potential of the child, she was able to teach by using a type of sign language wherein she used to "write" onto that child's palm.

Due to her remarkable work as a tutor, Anne Sullivan became a symbol which taught the world about the value of educating the disabled children. By teaching a 6 year old deaf and blind girl when Anne herself was only 20 marked the beginning of its great and lasting impact on education.

"The mediocre teacher tells, the good teacher explains, the superior teacher demonstrates, the great teacher inspires."

-William Arthur Ward



"The best and the most beautiful things in the world cannot be seen or touched: they must be felt."

-Helen Keller

Woman of Substance - Ms. Aslesha Thakur

**CEO & Founder
of Lead Innovation Pvt. Ltd.**



Ashna: How did your journey start?

Ma'am: I started my journey after I got married, I got married at a very young age, I was just a graduate when I got married and then I decided I had to take up a profession and my husband was on a transferable job so there was no other career that suited me other than being a teacher, so that's how I started my career and did my B.Ed. and when I wrote my B.Ed. exam, it was quite a gap that I had as I got married and had a child, so I started studying after the gap which was enormously stressful for me but, I was always a good student so, I actually topped the University entrance exams and got a scholarship to do the entire B.Ed. At the end of B.Ed., which was in a very interesting college and had amazing faculty which inspired a lot of us, I again topped the University and this time I topped 17 Universities in Uttar Pradesh and that's why I got the Governor's Permit

Certificate in Education and this was when U.P was not divided into Uttar Pradesh and Uttarakhand, so there were 17 universities and across all universities, I stood first and that was like a huge morale booster for me and then I had my second child by the end of B.Ed. and then I couldn't work for quite some time and then I started working in Dehradun because my husband was posted in a non-family station in Arunachal as he is in the army and he was at a high altitude and I started working as a teacher in one of the schools and I had one of the toughest Principals you could ever imagine and I think that is what, when you walk on fire, everything else you do after that seems like a cake-walk. I learnt a lot of discipline, learnt how you have to make children work hard, the principal was extremely focused on academic performance, he used to drive us teachers mad with the kind of work he used to demand out of us and there couldn't be a comma or a full stop that could be out of place, he was that much of a perfectionist and that's how I guess, I learnt the hard way, that was very interesting and from there I continued working in different schools with my husband wherever he got posted and at some point of time in late 90's, I landed in Delhi and I realized that since my husband has a transferable job, I'll always be working in schools and colleges and then I decided I wanted to do something different in Education and I became a teacher trainer and that was in the year 2000 and from there on, I started working in the area of teacher training and I worked with a lot of teachers.....

Ashna: Yes, we read about the workshop in Doha as well

Ma'am: Yes Yes, that was recently in 2016 and I started as a teacher trainer in 2000 and from then till now, there has been an exciting journey of having worked with around 24,000 teachers, worked and set up about 14-15 schools and taken on projects on school transformation, did a lot of work in turning around schools, so then in the year 2012, I decided to set up my own organization which is what I have, so I am also an entrepreneur, I work through different interesting ways through which schools can be held and the kind of challenges they face and that's what we do, we work with teachers, we work with children, we work with parents, we work with principals, I do a lot of work with principals and that's how it has been an exciting journey....

Ashna: That's amazing Ma'am! What advice would you want to give us: student-teachers, like we had our internship and the students were making us mad?

Ma'am: Yes, because they know you are young and they know that they can push and I think, Confidence is the key, if you are confident about your subject, when you know your subject well and your methodology is engaging, you'll have them in your hands and then it doesn't matter what age you are, it just doesn't matter, I think confidence is the key, I was of the age 22-23 when I used to do public speaking and I used to stand in front of 400-500 students and give speeches and I was a child who was condemned by my own teachers as I had a very bad voice, now of course I have a problem in my voice but

when I was in my school, I had a double voice which was really bad and my teachers were like she has a bad voice. They constantly condemned me because of my voice.

Ashna: To speak is such a big thing.....

Ma'am: You have to remember, as a teacher you are competing with exciting T.V anchors, you see an MTV host, the VJ or a RJ, what do they do that children listen to them, it's just the fact they give out knowledge and confidence, if you have knowledge and confidence, you can conquer the world, these kids are just kids, you have to have knowledge of your subject, you have to have knowledge of your methodology and knowledge of their thinking process...

Ashna: We are dealing with kids who are hitting puberty.....

Ma'am: Yes, absolutely right. Once you have the knowledge and confidence, things will fall in place.

Ashna: What is your philosophy about Education? What made you think that the particular part of education is not right and I want to change it?

Ma'am: I had the privilege of meeting very very good teachers, I had the opportunity to meet educators right from Canada to Germany to Middle east to Australia to New Zealand, problems across the world for teachers are very similar and we in India are not very different. What makes me change things is the fact where teachers land up teaching mechanically, the passion that they need to have is not there, somewhere over the period of time goes away and then it becomes a job, that is when the teachers lose the interest but teachers have to remember that they are

dealing with human beings , at the stage of life where they can be transformed and it is an enormous impact on the children , I don't think the teachers realize it , they don't feel they are accountable....imagine what is the difference in making a Nokia, Samsung or an Apple phone? Apple is a mechanical product, people would want to work with the Apple company because of the money that they get and only teachers can do that because they create minds, so as teachers, we create minds and if we don't realise our impact and if we fail to realize we are accountable towards it, that bothers me. Because I feel everyday, every period, we need to do the right thing for the children, thats the reason we are there for the children, if we don't do the right thing, we are seeing the societal problems growing because as teachers we are not able to ignite the right thought process in them and that is what bothers me and that is what we need to address. Can we look at teachers who are far more passionate, can we look at teachers who are better empowered, the methodologies which are required in 21st century? The other thing I find is that the teachers teach the way they were taught which is lecture based method. Sorry to say, how it is in Rizvi College , but I find that B.Ed. professors also do the same, they teach in lectures , I don't know how it is in your college but that is how it is, so it comes from there as student teachers you learn it in that way and when you go to the class, you teach that way but the society has changed, I mean are we using the same phone , we used in 1999 , now we are in 2018.

Ashna: *Now we have a new version of i-phone every year....*

Ma'am: How many versions of Apple phone

from 1998 to 2018? In 1998 , the Apple phone did not even exist , it only existed as a laptop as a personal computer device, the models have changed from then but how has the teaching changed? We have to think about it.....if society is changing and teachers are not, that is sad, we are dealing with students who are moving faster than we as adults, we need to be able to reach out to the next generation, we need to teach them the way they want to learn and not the way we learnt. 20 years ago when you were in school, it was a different society, it is a different society today, so we need to change and teachers don't absorb change very quickly and that is what we are trying to doso there are two things in terms of mental make-up, first being the attitude, thought process of the teacher and the second thing is the skill of the teacher which will help them to teach the 21st Century child.

Ashna: *Ma'am, do you work with all the boards?*

Ma'am: Yes, we work with all the boards, we work with all the types of schools geographically, all the types of school from absolute down-trodden to schools that are vernacular .



Madam Facilitating a session:

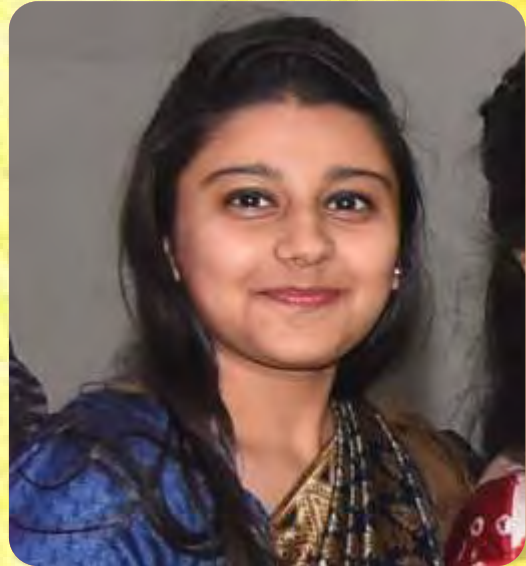
“ I never teach my pupils,
I only attempt to provide
the conditions in which
they can learn.”

Albert Einstein

Ashna: In India , the problem is the population of the class, where one teacher is catering to all the 60 students' needs and it becomes difficult for the teacher...

Ma'am: Yes. They have all the right to get your attention but is your methodology allowing them to? Is your methodology prepared in such a way that it allows the students to engage in the content? I'll give you an example of 2001, we were doing a training in a school in Malad and in the class, there were too many students in a class and their bags were kept in between the rows, which didn't allow the teachers to interact with the students and move around and I remember having really fought with the management, I was an outsider running the programme, I could have done the training and moved out, but we fought with the Principal and told them that they were not doing right and if they have too many students for whatever reasons they have, they don't have teachers to cater their needs. It took me two years but I saw enormous change in the school and after two years the Principal called me and told that Ashlesha ma'am, its because of you, I have stopped taking many students and have brought down the number from 65 to 52-53, no other school would have done it. They could have made nails for the bag and bags could have been kept in one place and the teachers could have moved around freely. Nonetheless they introduced group work methodology so the teachers even started changing the methods of teaching.

**A beautiful soul
recognizes beauty
in others**



“Ashlesha Ma'am is a lively, motivating personna. It was a pleasure to have interacted with her.”

Samina Patel



“It was sheer pleasure interviewing Ashlesha Madam. She truly is an encouragement for all of us.”

Ashna Shaikh

We Work Together !

We Work Together !

The Student council represents the students of the college. It is an important body that serves as a platform to train students for leadership, initiative and responsibility. Rizvi College of Education student council body comprises of 5 members. Student teachers contest elections and are duly elected for a tenure of two years in accordance with the norms. The following members had won the Student Council Elections:



Name of the Student	Post
Cecilia D'costa	General Secretary
Rubina Raona	Event Manager
Nidhi Kothari	ICT In-Charge & Discipline In-Charge
Minhal Shaikh	Cultural In-Charge
Arooz Ghazy	Photography In Charge

S.Y.B.Ed.

Student Council 2016 – 2018

The following members had won the students Council elections

F.Y.B.Ed.

Student Council 2017 – 2019



Name of the Student	Post
Samina Patel	General Secretary
Rafia Shaikh	Cultural In-Charge
Arzoo Sayyed	Event Manager
Aishwarya G.	Discipline In-Charge
Ashna Khan	Assistant G.S. & Photography In-Charge

The student council members in co-ordination with the class organized several co-curricular and curricular activities throughout the academic year. As a result students got an opportunity to participate showcase their talents.

All work and no play makes student teachers dull and boring.” We at Rizvi College of Education firmly believe in this. Thus from time to time various events are organized for the student teachers to participate and highlight their hidden talents.



Rizvi College of Education celebrated Independence day with a patriotic spirit on 15 August. Our Hon'ble President Dr. Akhtar Hasan Rizvi and Director Adv. (Mrs.) Rubina Akhtar Hasan Rizvi hoisted the Tricolor flag. The National anthem echoed in the entire campus. The gamut of activities included impressive parade, march past to the beat of drum, skit on female foeticide, solo song performance followed by prize distribution of online quiz competition. In the end, Principal Dr. Radhika Vakharia gave a speech reminding of the great sacrifices made by our freedom fighters and thanked all the participants for their wonderful presentations.



Happy TEACHER'S Day



Teachers Day Celebration - Teachers day was celebrated on Tuesday, 5th September in Rizvi College of Education with great fervour. Our Hon'ble President Dr. Akhtar Hasan Rizvi was the Chief Guest on this grand day. The Members of Student Council prepared and performed a dance dedicated to their teachers. On this auspicious day, B.Ed. faculty, Dr. Rakhi Sawlane recited the poem on 'Shikshak Dharma". The teaching and non-teaching staff had been felicitated with mementos and gifts by our Honourable Director Adv. (Mrs.) Rubina Akhtar Hasan Rizvi. It was truly a proud day for the teachers to bask in the love and attention received from the management and students.



The achievements of an organization are
the results of combined efforts of each individual.

We value each one of you.

-Management of Rizvi Education Society





CONVOCATION CEREMONY 2018



Honourable Guests (L-R): Dr. Radhika Vakharia (I/c Principal, Rizvi College of Education), Mr. T. A. Khan (Chief Guest, Assistant Commissioner IT India), Adv. (Mrs.) Rubina A. H. Rizvi (Hon. Director, Rizvi Education Society), Mr. Paul Raj (I/c Principal, Rizvi College of Arts, Science and Commerce)



Felicitating of our Honourable Director



Honourable Principal felicitating students

B.Ed. Toppers of 2015-17



1st Position - Ms. Khan Saba



2nd Position - Ms. Shaikh Uda



3rd Position - Ms. Rao Olivia

Graduates Finally!



TALENT SEARCH



“WE LEARN WHEN WE MAKE MERRY”

Making the Students Industry Ready

The aim of education is employability. Enabling all students of Rizvi College of Education to acquire employability skills, plan and manage their careers for their personal growth and also to contribute to the society at large, is the work and responsibility of the Placement Cell.

The Placement cell is an integral part of the college activities. The main responsibility of the cell is to place the right candidate at the right organization. The cell identifies the qualities, preferences, talents and traits of the student teachers which help during the time of placement.

The Placement cell helps the students to enhance their softskills, grooms and prepares the students for interviews and demo lessons. Along with this, the cell also identifies suitable potential employers/institutes and helps them achieve their hiring goals. The cell organizes activities concerning career planning and acts as a bridge between students, alumni and employers. Some activities conducted by the cell to achieve its objectives using institutional and external expertise are,

- Orientation for preparing C.V. and cover letter;
- Workshops on “Interview Facing Skills”;
- Workshop on “Soft Skills”;
- Guiding sessions for demo lessons;
- “Job Alert” forum is created to update students for upcoming vacancies.

Following are the institutes which proudly associate themselves with the Rizvi College of Education for placements.

- ✓ Arpan Foundation,
- ✓ Kotak Education Foundation,
- ✓ Arya Vidya Mandir School,
- ✓ Rizvi Springfield School (CBSE Board),
- ✓ Bandra-Hindu School,
- ✓ Rizvi Springfield School (SSC Board),
- ✓ Chatrabhuj Narsee Memorial School,
- ✓ Oberoi International School,
- ✓ Scholar's Junior College,
- ✓ Kaiser College of Commerce,
- ✓ St. Stanislaus High School,
- ✓ Vibgyor High School

Students are very confident and have a good command over English language. As Vibgyor High is coming to RCOED since several years for placements, we are seeing a constant elevation in the skills and presentations of the student-teachers of RCOED.

Ms. Sarika
Placement Coordinator
Vibgyor High

This is for the first time Universal Group of Schools and Colleges has come to RCOED for placements. We are very happy to select a lot of these bright student teachers. Their content knowledge, presentation, communication skills and overall preparation for the interviews is up to the mark.

Ms. Kirti
Placement Coordinator
Witty International



Enhancing Teachers Proficiency in English Communication

Rizvi College of Education continuously strives towards the all-round development of its student-teachers.

English language has become the vehicle of communication in today's globalized world. However a close observation of student-teachers revealed that many of them face difficulties in communicating in English language. Amongst these some student teachers were from vernacular background, however most were educated from English medium schools and college. Thus the college embarked upon the journey of introducing a value added course which aimed at training its student- teachers in effective communication skills. Keeping this vision etched in our mind, the college organized a one month workshop on communicative skills. The objective was to develop and enhance English communication skills of teacher educands. The sessions included topics ranging from debate, presentation, grammar and pronunciation which enabled students to apply their learning. A series of online tests were administered from time to time in order to assess the English Communication competency of the students. As a part of their evaluation Rizvi College of Education in collaboration with British Council organized for 20 of our student-teachers to undertake the Aptis test (for teachers). Many of them secured good grades in vocabulary & grammar and all four language skills viz., listening, speaking, reading and writing. The Aptis score card enabled our student teachers to be picked up by some very good schools in Mumbai.

Student's Experiences

“The test helps one gain insight on areas that needs improvement. The test has been a different experience and helped me identify my language proficiency”.

**Jucilia Fernandes, Aptis Score:
219/250
Vibgyor Roots & Rise (Malad)**

“Aptis, tests ones day to day communication which is quite often taken for granted. It was no doubt an enriching experience and has helped me bag a teaching offer from one of the most well-known chain of school in Mumbai”.

**Erica D'souza, Aptis Score: 228/250
Vibgyor International School (Borivali)**

This year 40 student teachers have registered to appear for the Aptis test. Weekly sessions on Enhancing Teachers Proficiency in English Communication not only trains student teachers to be proficient English language users but also gives them confidence in their language competencies.



**If you want a
plant to give
good fruits,
provide it with
good nourishment.**

INNOVATIVE Methods of Teaching

IMT: AN INTER-COLLEGIATE COMPETITION

With the advent of Revised Bloom's taxonomy for educational objectives today utmost stress is laid upon the analytical, evaluative and creative aspects in the process of teaching and learning. 21st Century demands that educators be synonymous to Innovators who try new ways of doing things in their learning environments. Being innovative in teaching is about looking beyond what we currently do well, identifying the great ideas of tomorrow and putting them into practice.

Thus Rizvi College of Education began an endeavor to build a platform for budding teachers such that they can show their talent in using their best strategies in teaching any content from their teaching method. This thought gave shape to, **“Innovative Methods of Teaching – IMT: An Inter-Collegiate Competition.”**

IMT encourages Student-teachers from B.Ed. colleges across the city to show their talent, creativity and inventiveness to teach any topic from their teaching method. The Competition strives to empower aspiring teachers to analyze the teaching process and evaluate the learning achieved through the innovative teaching adopted. This in turn enhances student teacher’s meta-cognitive abilities too. The competition is judged by principals/heads of various schools in Mumbai.



Sharing Words of Wisdom – Adv. (Mrs.) Rubina Akhtar Hasan Rizvi,
Director – Rizvi Education Society



Participants showcasing their talent at Teaching



From Left to right : Our Judges for IMT- 2016 Dr (Fr.) Clifton Lobo (Principal – St. Annes International, Malad.),
Ms. B. Hajari (Principal IES, Bandra.), Fr. Jude Fernandes (Principal – St. Marys High School, Mazgoan.), and
Mrs. Manisha Arondekar Lobo (Principal – Dr. Sarvepalli Radhakrishnan Vidyalaya, Borivali.),
Our Honorable Chief Guest – Adv.(Mrs.) Rubina Akhtar Hasan Rizvi (Director, Rizvi Education Society)
Our Principal – Dr. Radhika Vakharia

Academic Accolades

The Shining Stars of RCoEd.
First 3 Rankers of the College - At a Glance

2008-2009

🕒 Nazma Phule 🕒 Rukshana Kamil 🕒 Tazeen Ansari

2009-2010

🕒 Shirin Khan 🕒 Ansari Shaheen 🕒 Deeba Aiman

2010-2011

🕒 Aparna Chatterjee 🕒 Saima Mirza 🕒 Charles Miranda

2011-2012

🕒 Nabi Sana 🕒 Alexander Charmine 🕒 Ansari

2012-2013

🕒 Parekh Ami 🕒 Narohna Wilma 🕒 Mathew Neola

2013-2014

🕒 Ramsinghani Komal 🕒 Mungali Divanshi 🕒 Mukadam

2014-2015

🕒 Patel Mushafika 🕒 Mukhi Aparna 🕒 Chinoy Neda Fatema

2015-2017

🕒 Khan Saba 🕒 Shaikh Uda 🕒 Olivia Rao

Exams are not the ultimate test of life, but definitely the ultimate test of character.

A character full of determination, focus and commitment, leads to success

How to Teach like a Pro? Handcrafted Since 2003!

To enhance the professional competency of student teachers, Drama and Art in Education is introduced as a part of the B.Ed. curriculum.

First in the series is the Workshop conducted by the faculty of the RCoED on **Self-Reflection and Wellness**. This workshop, which stretches through a complete semester for the student-teachers is comprising of several components like resilience, self-awareness, self-compassion, self-identity and mindfulness. To complete the whole package, some general topics like stereotypes, science of swearing, health & wellness, etc; which are of great concern for the 21st century generation are incorporated in this workshop. With the popularity of this topic and the highly skilled planning of corresponding activities, faculties of RCoED went on International platforms to conduct these workshops. With a lot of appreciation and compliments, they conducted the workshop titled Self-Reflection and Wellness at DIDAC India, the largest educational exhibition held at Mumbai in September 2017 and at Edu Carnival at IIT Delhi in December 2017.



This workshop is conducted with a lot of activities under each topic of discussion. Great efforts are taken by the faculties of RCoED to plan, devise and implement these activities. Some of the highly innovative activities conducted during the work shop are; “Self-Connect” where one has to stick the positive traits one finds in own self on the silhouette of the figure given. Another interesting activity called “Plate Up” is conducted to re-teach the student-teachers the art of plating up a healthy meal. Through such activities, fun filled practical learning is conducted and student-teachers are encouraged to maintain a journal of self-reflection for their life-long learning and reflection.

Another interesting workshop conducted by the teachers of RCoED is on **Storytelling in STEM Education**. Through this workshop, student teachers are taught the art of impactful story telling to formulate, integrate and explain concepts of the STEM subjects. Each time, they are adding a new feather of story in their hat for a new concept. Our educators bring out their artistic side and write stories and poems to integrate the concepts of STEAM (i.e. teaching STEM using Art forms). This workshop is not just entertaining, but also inspiring. At the end of the workshop, student teachers are encouraged to write their own stories. Teacher Educators of RCoED have successfully conducted this workshop for their students at the National Conference organised by the college in April 2018.

In continuation to the art form of storytelling, another art form is integrated to enhance the storytelling skill of the future teachers of the country. This is the art form of **Puppetry in Teaching Learning**. Ms. Madhumati Joglekar, who is a renowned educationist and an expert in making and using puppets is invited to conduct this workshop. She uses best out of waste concept to make the puppets and the workshop caters to making and using the puppets to enhance the teaching learning process. She not only demonstrated the right way to hold and use the puppets but also conducted a hands-on session for the student-teachers.

Wow, sure they have a lot of fun under the pretext of learning through Reflection and Art forms.



Essence of Life

The two year revised B.Ed. witnessed student teachers completing 6 month internship program in practice teaching schools. This exposure enabled pre-service teachers to gain a plethora of experiences in dealing with school students. As teachers we all have at least once come across such a situation. The question that we need to ask is, "Why did this happen? Why couldn't I help my student? What did I lack?" After a few years into teaching these same student teachers won't even think about helping their students and will start complaining.

As teachers, leaders and educationists we all have the POWER OF CHOICE. And thus Rizvi College of Education embarked upon the journey of training our novice teachers to utilize their power of choice. Power of choice is that you can be a duck or an eagle.

'Don't be a duck. Be an eagle. Ducks quack and complain. Eagles soar above the crowd.'

In order to become an eagle the college organized a talk on **Self Awareness by Dr. Trupti Barchha** a leading counselor. The session empowered students to identify their strengths and what influence it could have on young tender minds of school students. Dr. Trupti encouraged students to connect within themselves and discover the eagle who has the strong will and determination to help and guide students. Novice teachers realized how self-awareness is extremely important for a teacher. During the session, the student teachers were not told what to believe but how they should think or do. They were informed about the various aspects of personality and behavior associated with self-awareness.



They say that, "You don't die if you fall in water, you die only if you don't swim." And that is the real meaning of being a teacher. The session beautifully enabled student teachers to understand how self-awareness can help them swim efficiently. As teachers, leaders and educationists we all have the POWER OF CHOICE. And thus Rizvi College of Education embarked upon the journey of training our novice teachers to utilize their power of choice. Power of choice is that you can be a duck or an eagle.



Organ Donation : Rizvi college of Education had organized a talk on organ Donation for the pre-service teachers. The President of Malad Medical Association, **Dr. Hemal Barchha**, a leading weight lost consultant and a consulting Homeopath had given a talk on the same. Dr. Barchha highlighted how a teacher acts as a torch bearer for students guiding them towards their goal. At the same time he encouraged students to reflect if their calling is only to touch the lives of their students alone?

The session enabled students to understand that

- As teachers 'Our life is a gift', filled with the capacity for great compassion and generosity, and it sends inspiring messages to others.
- One should ensure that the value of ones life is not in its duration, but in its donation. And thus he motivated and inspired students to pledge their organs.
- He finally concluded by his thought provoking lines on the essence of life, "The most beautiful thing that you can do while you still live is to gift the light and hope of life."

SYMPOSIUM AND POSTER MAKING COMPETITION ON CHILD RIGHTS-2008



STUDENT COUNCIL ELECTIONS



**NUKKAD NAUTANKI SE
SEEKH HASIL KI...**

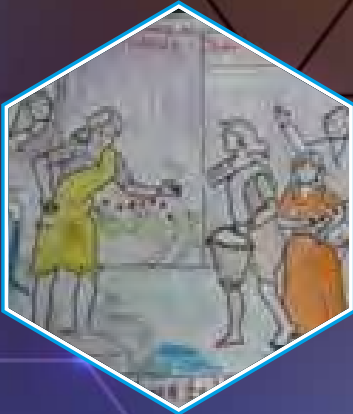


**PREPARING
TEACHING
AIDS**

Experiential Learning Activities



WATER AND PLASTIC MANAGEMENT PROGRAMME WITH 'SOSVA'



SPORTS DAY



TRUE SPIRIT OF WINNING LIES IN PARTICIPATION

TRAILBLAZERS



RAISING ENVIRONMENTAL AWARENESS

CONSULTANCY SERVICES OFFERED BY STAFF



Dr. Radhika Vakharia, conducting Training sessions with C.B.S.E. School Teachers in the area of Social Intelligence at Sanskriti School, Pune.



Mrs. Spoty Manoj Karthik, delivering a talk on "Harmful effects of Virtual Reality" for C.B.S.E. School Teachers at Sanskriti School, Pune.



Mrs. Rachana Das conducting a workshop on Classroom Management at ARPAN NGO



Mrs. Nahida Mandviwala, resource person for Career Awareness Program at Dr Sarvepalli Radhakrishnan Vidyalaya, Borivali.

ONE INDIA ONE PEOPLE CLUB



**PREPARING WELL EQUIPPED TEACHERS
TO FACE ANY CHALLENGE**

ANNUAL PERFORMANCES BY BUDDING TEACHERS



Visit our website <http://bed.rizvi.edu.in/> or visit our facebook page <https://www.facebook.com/rizvib.ed/> to see more images which reflect the training given to our novice teachers.



COLLAGE-MAKING ACTIVITIES



ICSSR SPONSORED NATIONAL SEMINAR - "EMOTIONAL INTELLIGENCE TO SOCIAL INTELLIGENCE: A PARADIGM SHIFT"-2015



DR. (MRS.) SWAROOP RAWAL
THEATRE PERSONALITY
AND EDUCATIONIST



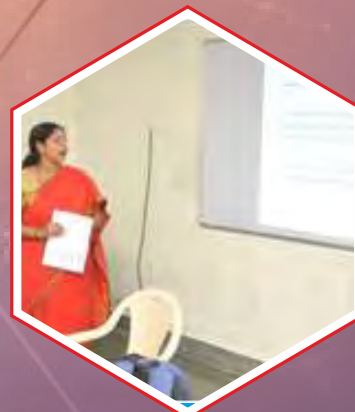
DR. GEETA SHETTY, ASSO. PROF,
ST. XAVIERS INSTITUTE OF
EDUCATION, MUMBAI.



DR. SHEELA TAORI
RENOWNED EDUCATIONIST
AND MOTIVATIONAL SPEAKER



Deliberations in the Area of "Emotional Intelligence to
Social Intelligence: A Paradigm Shift"



Reminiscence



Community Work

**WON THE FIRST PRIZE
TWICE (2008, 2014)
AT
KUSHTROG NIVARAN SAMITI
SHANTIVAN, PANVEL**



**MAKING CITIZENS AWARE
ABOUT
SOCIETAL CONCERNS.**





Class Photograph (2016-2018)

Carving the Artist Within

In the world of teaching, teachers often hear that, “Every child is an artist. But the problem is how to remain an artist as we grow up.” It is observed that most teachers are often unaware of hidden artist within them.

Teacher training doesn't always call for expertise in pedagogy and teaching techniques. Often teachers need to release their pent up emotions and stress that builds up within them due to the challenges they face everyday. It is said, “All work and no play makes Jack a dull boy”. Teachers too need some recreation to bring out the best in them.

Thus Rizvi College of Education in collaboration with Saiba Dance Academy started an endeavor towards training student teachers in dance. The academy has been grooming the new generation to listen, explore and build on their character.

Dance enabled student teachers to find a way to release their stress and at the same time getting acquainted with their hidden artist.

Saiba Dance Academy trained our students in various dance forms which helped them discover ways through which global messages of peace, love, humanity and compassion can be disseminated through a mesmerizing performance.

Dance is the language of the soul



A soulful performance by S.Y.B.Ed. (2016-18) students, a tribute to teachers on Teachers day, 2017 Choreographed by Saiba Dance Academy



Under the expert guidance and training by Saiba Dance Academy our F.Y.B.Ed. (2017-19) students won the Second Prize in Group Dance at St. Teresa Inter-Collegiate Dance Competition - 2017



**Winning Team With
Mr. Abrar Sir From
Saiba Dance Academy**

MAMA LET ME LIVE

The Times of India February 17, 2010 edition brings to our attention that Rajasthan's female infanticide has spared just 12 Rajput girls. There is a century old custom of killing a girl child in these parts. It is not an isolated piece of information. Children are aborted in many cases purely because they are girls. According to an estimate between 1981 and 1991, more than four million girl children joined the ranks of India's missing women and an estimated 1.2 million postdate murder. In some parts of India the birth of a girl child is treated as a calamity. It seems that in most interior parts of our country, a cow or a buffalo calf has got some value but not a girl child. What an erosion of human values and principles?

Children are the most precious in all societies, yet they are also the most vulnerable and exploited section. The quality of childhood has clearly deteriorated and raises some doubts about the very survival, especially poverty and marginality compound the situation. They are being viewed as problems of property subjected to the whims and fancies of adults' world, exploited, maltreated and abused. Their healthy growth and promising future are being nullified at a very tender age. We come across situations where the rights of children are totally denied. There are people nationally and internationally, working day and night to protect the rights of children and government organizations. There are days set apart to promote their dignity and rights such as April 14 – Anti Child Prostitution Day, April 30- No Child Labor Day, Sept 8 – Day of the Girl Child, Nov 14 – Children's Day, Nov 15 to 21 New Born Week, and Nov 20 Child Rights Day. In spite of observing all these days to protect children's dignity and rights, their plight continues to be the same.

There are millions of children who are denied their fundamental rights and dignity, such as street children, child labourers, girl child, refugee children, disabled orphans and sexually abused

children. Even children hailing from normal families face a lot of stress. They are deprived of their right to normal life, food, free primary education, play, leisure, free time, physical and mental development, protection from sexual exploitation, protection from exploitation of any kind, freedom of thought and expression, liberty, be protected from work, seek and receive information, be protected from abduction sale, health and medical care, access to information and mass media, privacy, seeking refuge, enjoy equal rights irrespective of colour, race, sex, religion, freedom of association, etc.

The life of children is indeed alarming. The shortsightedness regarding children has reached epidemic proportions. In order to remove the inhuman treatment meted out to millions of low caste people of India, Gandhiji called them "Harijans" the children of God. Are they not God's children? Are they children of a lesser God, so that their suffering can be justified? We are all children of the same God. We need action oriented programs that should lead to the eradication of child labour, female infanticide, abortion, child abuse, prostitution etc. This would help to prepare a more conducive atmosphere for all children to develop, grow and prosper in a proper manner with full dignity and rights. There are many mothers in and around us who worry day and night for their little ones. Mother India is constantly weeping for her children, who are being tortured and misused just in front of her eyes. She is indeed wailing and refuses to be consoled. We need to believe in the dignity of every child and strengthen their rights. So that they may smile broadly, laugh loudly, walk gently, and live gracefully. It is high time now that we hear the wailing and lamenting voice of Mother India and along with her, the child in her womb who is crying out Mama-let me live.

Johny

Batch : 2009-2010



The India Of My Dreams

'Bangalored' this word is one of the latest entrants into the Oxford English Dictionary. Do you know what it means? This word originated in US means, that someone in a far away city called Bangalore has taken away your job. Whenever I utter this word, I don't realize it but a proud smile comes to my lips. We Indians have finally caught the American bull by its horns...but, this is just the beginning!!!

Every problem that Indians see today is not a problem, but an opportunity waiting to be tapped. Let us not look at India as a land with one billion mouths to feed, but as a land with one billion brains to think and two billion hands to work. These are the very hands which will improve our infrastructure, the very hands that will accelerate our growth and the very hands that will be responsible for India being called 'Developed Nation.'

We are a land gifted with people, gifted in culture and gifted in intellect. In the India of my dreams, each of these resources will be harnessed to its full potential, the people of India will no longer live below the poverty line. No child will remain deprived of education and no youth will be jobless. Each child will have a right to education – not only theoretical knowledge but also vocational training. The land of my dreams will see everybody with education having a job worthy of that education.

India is synonymous with its culture. But what have we done to preserve it? We wear western outfits when the Indian garments are so rich in beauty. All this comes from a miserable failure on our part to understand and value our culture. Do we know the story behind the Kutub Minar? Do we know the history of the Cholas? We don't! Isn't it a pity that foreigners are more in awe of Indian culture than we are? Our tradition is rich. It is my dream that every Indian understands her/his

culture and remains true to it. I wish every person born on this soil should respect, understand and value our culture.

The Vedas, the Upanishads, the Shastras are huge treasures of knowledge which we as a nation have failed to tap. The Americans wanted the patent turmeric and neem for their medicinal qualities in the year 2000 when we Indians have known these qualities for the past 2000 years! Isn't it sacrilegious?? Our country is a knowledge chest – waiting to be opened !! Let us all decide, that the Indian intellect be it that of the ancient Indian or that of today's man should be valued. Let us all promise our motherland that we will give her the intellectual respect she rightfully deserves. The poor people today die of ill health because they cannot afford the English medicines. We will therefore take the science from the laboratories to the common man; take the herbs from the forests to the poor man's home.

Will this dream remain merely a dream? No, it will not, if we - the citizens of India decide to make it a reality. Friends, let us unite. Let us take an oath that we - the future of this country will give the Indian people, the Indian culture and the Indian intellect the respect and the position it deserves.

Shahnaz Siddiqui
Batch : 2009-2010



Life – A Challenge

Standing at the crossroads,
why do you hesitate?
O traveller, begin your trek,
with your shadow as your friend.
Four paths lie before you,
each lead to a road.
Set your foot on the path,
that agrees with your soul.

This is true that the deep, dark lanes,
have tedious tribulations on their guard.
But a player who plays these dangerous games,
bears the crowning glory (after playing quite
hard)

He, who walks on burning flames,
experiences bruises, wounds and pains.
One who steps on flower-strewn paths,
is ignorant of life's voyage.

Piercing the darkness of grim, black nights,
the Flame of your goal soon will be in sight.
Bright shall it burn in your direction,
guiding you quickly to your destination.
So when you've chosen the path to traverse,
climb it soon - this wearisome hill.
With dreams of "VICTORY" in the eyes, and,
steps loaded with 'unflappable' will.

And when you stand at destination's abode,
streamers of reverence on you shall be showered.
Your medicinal toil shall enchantingly heal,
the inflicted wounds that'll change into scars.
Remember these words of friendly advice,
weave your destiny with all your might,
ignite your spirit with a candle of your road,
Illuminate glum, gloomy life,
With cheerful light!

Nausheen Arif
Batch : 2009-2010

Memories

The golden leaves of memories fall,
Slowly I pick and treasure them all,
Some make me cry, some make me smile,
Some make me wonder all the while.
Life is just like flowing sand,
Try but it can't be held in hand.
Life is just like a water flow,
Sometimes fast and sometimes slow.
I wait for a moment
And over the fact I ponder,
Is life a beauty or is it
A miraculous wonder?
Life is a mirror polished by man's intellect,
Whatever you'll put into it
It'll always reflect!
Life has moments of joy, moments of sorrow,
It has moments to lend, moments to borrow.
Memories are the only things that last,
As moments go by, fast, really fast.
The river of life thus incessantly flows,
Leaving behind memories as life goes.
Memories are man's greatest treasures
As what is man but only memories...

Nausheen Arif
Batch : 2009-2010

B.Ed. at a Glance

Teaching is a noble profession,
And at RCoEd training to teach is our passion.
Students of all different calibre,
Each ones training a new speed breaker.
Microteaching and simulated lessons left our students in
admiration,
Practice teaching introduced them to the next level of perfection.

Where seminars acquainted them with challenges in teaching,
Workshops trained them in the art of ground breaking teaching.
Where exams left them in fever,
Copious activities developed in them a new fervor.
Activities though too many to pen,
Develops them into a multidimensional personality in the end.

- Mrs. Nahida Mandviwala
(Assistant Professor, RCoEd.)

शिक्षक तू धरती का भगवान है!

तू धरती का भगवान है.
 तू अपने में महान है!
 तुझ जैसा न कोई सानी
 तुझ जैसा न कोई दानी
 तू हर बच्चे की मुस्कान है.
 तू धरती का भगवान है.
 तू अपने में महान है!
 तेरा है व्यक्तित्व अनोखा
 सब तुझसे अनजान है.
 तू ही गीता, बायबल, कुरान है.
 तू धरती का भगवान है,
 तू अपने में महान है।
 सब जाते हैं शीश झुकाने
 मंदिर, मस्जिद, गिरजा द्वारे में
 मैं तो नतमस्तक तेरे आगे,
 तू इन्सानो का इन्सान है
 तू धरती का भगवान है,
 तू अपने में महान है।



संजय चौबे

वैच : २००९-२०१०

हमारी चाह

ऐ आतंकवादी बम्ब ब्लास्ट
 करने की तुमने क्यो सोची ऐसी राह
 बम्ब ब्लास्ट की अग्नि से
 बुझ गए कितनी चाह
 हम है भारत के वासी हमने सीखा
 रक्त बहाकर अग्नि बुझाने की चाह।
 हमने सभी के साथ चलना सीखा
 और पूरी की अपने साथ सबकी चाह
 हम है भारत के वासी
 नही डरेगें आतंकवादी से



खान उरुज

वैच : २००९-२०१०

तू मांग ले उसी से

तू मांग ले उसी से
 जो ना कहे किसी से
 वापस आता नहीं वक्त कहीं से
 सोच कर मांग ले इस तरीके से
 सारा जीवन चले खुशीसे
 नेक काम कर खून-पसीनों से
 वक्त बरबाद न कर हसीनों से
 तू सीख ले उस परवानों से
 जिन्दा जलते है दिल में अरमानों से
 बचपन खेला खेल-खिलौनों से
 जवानी चली खुश मिजाजों से
 बुढापा गुजरें नहीं सहारों से
 इस लिए बन्दगी कर ले खुदा से
 तेरी झोली भर दे हर मुरादो से

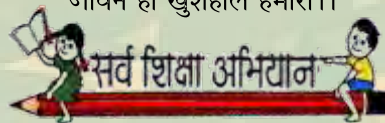


मौला अली बक्स

वैच : २००९-२०१०

कविता

सोचूं मैं भी पढ़ लिख जाऊँ,
 जीवन के सारे सुख पाऊँ ।
 भोग लिया अब तक दुख भारी,
 अब आई है सुख की बारी,
 साक्षरता अभियान चल रहा,
 शिक्षा का वरदान मिल रहा ।।
 मन में ज्ञान की जोत जली है,
 आशाओं की कली खिली है,
 आखर दीपों का उजियार,
 जीवन हो खुशहाल हमारा ।।



सब पढ़ें सब बढ़ें

खान जाहिरा

वैच : २००९-२०१०

मंज़िल

चमचमाती दिल को लुभाती ओझिल सी वो सपने दिखाती है।
चलने को मजबूर करती है, गिर के संभलना संभल के चलना
अचानक से एक झलक दिखाकर, जोश भर जाती है, जो हर्ष कर
है, उल्लास है, जिन्दगी को जीने की राह है।

बेमतलब सी जिन्दगी में एक उड़ान है।

यारों ये तो हर किसी की मंजिल है।

खिलाड़ी तो बहुत है, मैदान में हार-जीत की होड़ है। दूर से
देखता है राही, मंजिल बुला रही है। पीछे से आवाज आती है।
उतर मैदान में, दे कलम की वार हार हो या जीत हो, घबरा मत
ए यार हार की ढाल बनाकर कर जीत की बौछार आँखों में जुनून,
दिल में लगन कर हौसला बुलंद, फिर देख हार की क्या मजाल,
जो खींचे तेरे मेरे बीच कोई दीवार।



रजनी कुमारी

वैच : २००९-२०१०

गज़ल

खुदा की मार हो इन्सान
कितना बेवफा निकला
बड़ा ही खुद गरज निकला
बड़ा ही खुदनुमा निकला
खुदा ने एक कतरे से बनाया बदन उसका
ये मौजो दस्त ववा उसके
ये दिलकश वाकपन उसका
उसी ने जिन्दगी मंजिलो में रह
नुमाई की है।
इस इन्सान ने सारे जमाने में खुदाई की



रास्ता

आज देखते हो क्या, मुझको आँखे फाड़ कर।
अस्तित्व मेरा बदल गया, बदल गया स्वरूप है।

मैं थी पतली - दुबली सी,

सब कहते थे मैं रास्ता हूँ!

फिर मेरी पहचान बदली,

हो गई थोड़ी मोटी सी।

लोग आते साईकल लेकर

बच्चे जाते पैदल होकर।

मैं दिखती तब अच्छी थी,

फिर मेरी पहचान बदली

हो गई फिर मैं मोटी सी।

अब मुझपे से मोटर जाते,

पि - पु - पि - पु हारन बजाते!

मैं थी पतली - दुबली सी,

सब कहते थे मैं रास्ता हूँ।



संजय चौबे

वैच : २००९-२०१०

दुख तो अपना साथी है।

खुदा ने दिए हैं, दो अनमोल मोती आज गम का सागर तो कल
खुशियों का समंदर है, जिन्दगी। हँसते रहो. हँसाते रहो, यही
कहती है जिन्दगी। गर दुःख को लगा लगे सीने से तो कभी
निकलेंगे नहीं तेरे आँसू लोग तुमसे सीखकर करेंगे दुःख में भी
हँसने की कोशिश जिन्दगी की राह में सुख तो धूप और छाँव है।
दुःख का क्या है ये तो अपनी माँ है। यही तो चलना सिखाती है
आदमी को इंसा बनाती है। घबरा के मुँह न फेरना दुःख तो
अपना साथी है।

रजनी कुमारी

वैच : २००९-२०१०



STUDENTS WINNING ACCOLADES FOR RIZVI COLLEGE OF EDUCATION

S.Y. B.Ed. Batch 20 16 – 2018

- ✓ Ms. Sana Hussain won second prize in digital poster making competition organized by Public Concern for Governance Trust (PCGT) 2017
- ✓ Ms. Arooz Ghazy won second prize in poetry recitation competition organized by Thakur Shyamnarayan College of Education and Research - 2018

F.Y. B.Ed. Batch 20 17 – 2019

- ✓ Won second Prize in Group Dance at St. Teresa Inter-Collegiate Dance Competition - 2017
- ✓ Mr. Devesh Nadkarni, Ms. Shahima Shaikh and Mr. Bhavesh Waghela won the debate competition at the Lords Universal Inter-Collegiate Fest 2017
- ✓ Mr. Bhavesh Waghela was awarded the title of Mr. Soul at the Lords Universal Inter-Collegiate Fest 2017
- ✓ Ms. Shahima Shaikh won second prize in personality contest organized by Rahul B.Ed. College - 2018
- ✓ Ms. Soleha Sheikh won second prize for collage making competition organized by St. Xaviers College of Education -2018



Amateur Trainees to Professional Educators



Rizvi College of Education and the teachers have contributed a lot in my life. I discovered my talents because of their constant support and encouragement. I am sure all these numerable experiences in Rizvi College of Education have made me what I am today. Such myriads of experiences made my life so beautiful, so memorable and, more importantly, constructed my personality to take up bigger responsibilities, that is to be a principal of a school immediately after my B. Ed. I am sure you will continue to inspire and mould many more students to achieve great success in life. Thanks to Rizvi College of Education and to my beloved teachers too.

Fr. Laiju Varkey, 2012-13
Principal
St. Arnold's Central School, Kerala

What I couldn't develop throughout my formative years, Rizvi College of Education developed in me within a year. I entered as a timid girl barely able to hear my own voice, but owing to the multiplicity of activities, practice sessions and the like, I can proudly face the world today. The one aspect that I owe Rizvi College of Education completely for, is the ability to empower me and make me realize the extent of human potential.

Ruchi Mittal, 2006-07
Asst. Professor
Smt. Kapila Khandvala College of Education, Mumbai



If I have the ability to teach today, it is only because of the intensive training, attention to detail and the obedience impressed upon me by Rizvi College of Education. Running alongside these is an activity very close to my heart-teaching the lepers.

The community service assignment opened up a whole new world to me- I learnt about the condition of lepers, their struggles with education and society and most importantly, I learnt to appreciate everything I took for granted. Thank you Rizvi College of Education.

Farah Ansari, 2009-10
Teacher
Arya Vidya Mandir, Bandra (W), Mumbai

I'm filled with nostalgia every time I think about the days when I was a student-teacher at Rizvi College of Education. The teaching faculty are pro in their areas of expertise which helped create an environment that was conducive to learning. The confidence that my teachers showed in me inspired me to excel. Even the most minute contribution by them has shaped me and made me the teacher I am today.

Prof. Charles Aloysius Miranda, 2010-11
Asst. Head of Department
St. Mary's Catholic High School, Dubai, U.A.E.



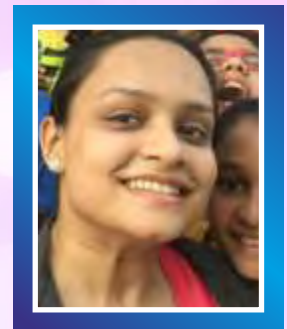


If you want a package deal, Rizvi College of Education is the seal! Yes, Rizvi has sealed in me the various facets of the teaching profession. I never thought learning could be such fun without the expert guidance and full-fledged support I received from the staff. By deed and action, I learnt to teach, conquer and guide young minds with love. Thank you for the incredible experience Rizvi College of Education.

Rashida Lokhandwala, 2013-14
Co-ordinator of Pre-Primary School
Saifi High School, Mumbai
Fr. Laiju Varkey, 2012-13

Beyond just education, I feel like I have received a degree in personal development from Rizvi College of Education. Multitasking, stepping in, stepping up, holding on, patience, self development, motivation, you name it and I have learnt it during the entire year in Rizvi College of Education. For the staff at Rizvi College, education is not something you learn- it's something you develop and in the process, you develop yourself and others around you. Thank you Rizvi College of Education for being the vine of my dreams.

Alvina Shaikh, 2012-13
Teacher of Business Studies and Mathematics for I.B. level
B. D. Somani International School



Rizvi College of Education aims at generating far sighted and innovative teachers and I am glad to be a by-product of this institution. My journey during the course has completely moulded and shaped my personality and here I am, preparing young India to face the challenges of the future. Wishing the best for all future endeavours.

Neha Tungekar, 2014-15
Asst. Teacher
Lilavatibai Podar High School - ICSE

Rizvi College of Education brought out the best in me. It helped me truly understand the term 'unity in diversity' through the various cultural activities, the scope of the teaching profession through the plethora of ultra modern strategies and techniques in practice today. Most importantly, it helped me discover and develop myself. With all of these, I walked out of Rizvi College of Education with an air of confidence.

Gunjan Khanna, 2005-06
Primary School Teacher
Gitanjali Devashray, Secunderabad





Rizvi College of Education provides an opportunity to learn in three different areas, which is essential for success. You learn from lecturers, you learn how to interact with people and children and the most important thing that you learn is about yourself. I found Rizvi College of Education to be a milestone in my professional and personal life. It has been a fantastic experience. Rizvi College of Education has a great reputation for results and success because of the dedication, support and motivation by the staff. The staff enables students to accomplish their dreams! They are excellent motivators, they treat you like family. Personal attention is given to each and every student. The facilities were amazing and the environment was very homely. The experience was definitely one that I will never forget. I'm so grateful that I had the opportunity to learn from Rizvi College of Education.

Mehek Tungekar, 2013-14

Teacher

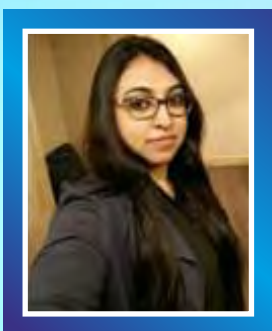
Podar International School, CIE Powai

Rizvi College of Education is and will always be a fantastic place to learn. Teaching was something I was always interested in. The B. Ed course is a really hands-on and practical course. You actually learn the skills needed for the job. With skilled and experienced faculty, you learn to deal with the toughest sort of situations just by observing how they handle a class especially when you go for practice teaching and the internships. You end up seeing a lot of different types of schools, and that was a real eye-opener for me. I was lucky to be able to study at Rizvi College of Education and today, I can safely say I am living my dream.

Ami Parikh, 2012-13

Senior School Teacher

The J.B. Petit High School for Girls, Mumbai



Rizvi College of Education has enriched me in innumerable ways. It has shaped my personality and given me confidence to impart what I know. I learnt the art of teaching which I always make use of while formulating my lessons. I am grateful to Rizvi College of Education and taking up this course was indeed a good decision for me.

Shloka Sachdev 2014-15

Spanish Language Educator and Translator

Hispanic Horizons, Mumbai.



“Know Thyself: Unveil the Inner Essence; A Manual for Self Reflection and Wellness”

Wellness is an active process of becoming aware of and making choices towards a healthy and fulfilling life. Wellness is more than being free from illness; it is a dynamic process of change and growth. It is a state of complete physical, mental, and social well-being. Health and wellness are not synonyms. Health refers simply to a physical body being free from diseases, but wellness is an overall balance of your physical, social, spiritual, emotional, intellectual, environmental, and occupational well-being. As educational practitioners, wellness is even more important as we deal with learners from diverse groups, have hectic schedules, have to multi-task and this makes us prone to habits/attitudes/behavior that are not acceptable and harmful for our well being. Thus to educate and propagate the idea of wellness is of utmost importance in today's world.

Education is inevitably concerned not just with 'What Is?' but also with 'What Ought to Be?'. The main aim of this publication is to support trainee teachers, administrators and school mentors to reflect upon their 'Self' in the realm of wellness. The analysis and activities have been set within a framework that attempts to encourage reflective practices and enhancing ones metacognitive thinking skills. Reflective practices and metacognition draw heavily from each other and encourages awareness and understanding of one's own thought processes not only inside the classroom but also outside. The resources provided are extremely crucial and of contemporary relevance. The issues selected are basic to living a fulfilling life thereby revisiting our thoughts and actions. Reflective practices are not only personally fulfilling but also lead to a steady increase in the quality of life.

Through these practices, one will be able to contribute to many sources of evidence and use them to inform the daily practices. Reflective practices promote wellness and unveil your inner essence to make powerful contributions towards learning of professionals as well as students. The publication includes concerns and practices that

need attention in today's time. We are sure that the publication will be practically effective to enhance wellness in its true sense. as stated by *Dr. Radhika Vakharia, Principal, Rizvi College of Education.*



Keeping this in Mind, Teacher Educators of RCoED came up with their book titled...

“Know Thyself: Unveil the Inner Essence; A Manual for Self Reflection and Wellness”

ISBN

978-81-935823-0-5

The chapters for this book are contributed by:

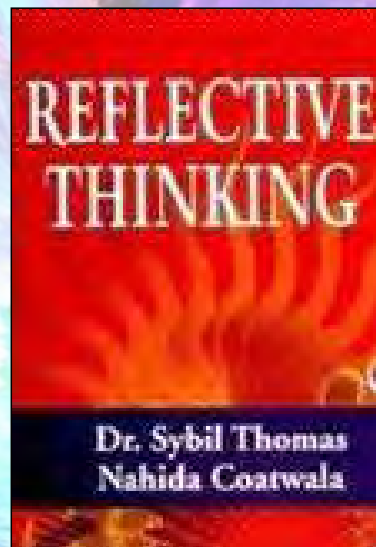
*Dr. Radhika Vakharia
Mrs. Spoty Karthik
Mrs. Nahida Mandviwala
Dr. Priyanka Pandey
Dr. Rakhi Sawlane
Mrs. Pooja Manghirmalani Mishra*

*The Editorial Team comprised of
Dr. Radhika Vakharia
Mrs. Pooja Manghirmalani-Mishra*

*The title was suggested by
Mrs. Sopy Karthik
Mrs. Nahida Mandviwala*

*The manual was designed by
Mrs. Pooja Manghirmalani Mishra*

Thinking about ones own thinking.... the way ahead for teachers



“Reflective Thinking”

Dr. Sybil Thomas & Nahida Coatwala, 2012.

APH Publishing Corporation. ISBN 978-81-313-1504-0

Newton's third law of attraction holds very true in the teaching profession. As teachers every action that they do has certain very important consequences. These repercussions either turn out to be a boon or a bane. However teachers can train their thought processes in order to produce desired outcome. Reflective thinking ensures that teachers do not fall prey to experiences of others but grow through their own strategic thought processes. There is a growing need felt to encourage notions of viewing the teacher as a reflective practitioner who can directly improve the quality of teaching and learning and in turn produce better reflective thinkers. This book is meant for anyone who wants to learn ways of reaching to higher levels of reflective thinking. It is rightly said that, a good teacher makes you think even when you don't want to. Thus it is highly essential for teachers to be well equipped with the skills of fostering reflective thinking skills within themselves and also within their students. Through this book the authors have not only tried to offer help to novice or in-service teachers, but also to teacher educators as well.

The cited publications can be purchased by placing an order with **Rizvi College of Education.**

For orders Contact **Rizvi College of Education**

Contact Number : **022-26000902.** E-mail: rizvi_education@yahoo.co.in Timings **11 a.m. – 3 p.m.**

Meet the Mentors

Dr. Radhika Vakharia is a post graduate in English and Education. She is also NET (Education). She received her Ph.D. in Education from Dept. Of Education, University of Mumbai. Her doctoral work is part of the prestigious Global Resilience Project, U.S.A. She is associated with the college for eight years. She was promoted as In-charge Principal of the college in 2016. The educational philosophy that guides her is 'Teach Children the way they Learn.' She has authored one book and published 5 Research based papers. She has also presented several papers at national and international conferences. As a part of the college she was instrumental in convening and organizing 2 –national seminar/conference in 2016 and 2018. She has also been granted funds from ICSSR to arrange a national seminar in 2016. She has conducted several workshops in the area of social Intelligence and Teacher Wellness and Self Reflection. She has also been invited at the prestigious IIT, Delhi to conduct a workshop for educational administrators and teachers. She has also conducted workshop at The International Education Summit, DIDAC, India and received an overwhelming response for the same. She is also instrumental in designing and implementing a value-added course on 'English Teachers Proficiency in English Communication' in the college to raise teacher training quality. Her vision for Rizvi College of Education is to embark on a journey to make it the best Teacher Training College in Mumbai.



Mr. Gyanprakash Arya is a post graduate in Inorganic Chemistry, Education, Hindi, History and Philosophy. He is a NET-qualified teacher educator. He mainly guides students for Hindi, History, Science and Maths methods. He is associated with Rizvi College of Education since 2004 as a teaching faculty. His aim is to make education simple and easy so that every student can apply the learnings in their life. While making the classroom environment more engaging, he encourages every learner to participate in the learning process. He takes part in University assessment process as an examiner, moderator, paper setter and paper translator. For the last four years he's been a part of University B.Ed. CAP committee. Being actively involved in the field of education, he has attended and organised several college seminars and conferences. He has conducted workshops on explanation skills, core elements and value-based teaching. Having a firm belief in the saying, 'A sound mind lives in a sound body', he organises Yoga sessions for the mental and physical well-being of his students.

He has currently submitted his Ph.D. thesis in Education where his work is on the relationship between mental health and social - emotional maturity. He has published several theoretical and research-based papers in journals and others publications. He is known for his unique teaching style and humble nature.



Mrs. Spoty Manoj Karthik is a Post Graduate in Chemistry and Education. She is currently pursuing her Ph.D from University of Mumbai under the guide ship of Dr. Sybil Thomas in the area of Teacher Efficacy and Pedagogical Beliefs. She is also doing her Masters in Psychology specializing in Counseling Psychology. At present she is associated with the college as an Assistant Professor. She is an Academic Counselor for IGNOU B.Ed programme and had been the Workshop Director of this course. She has organized two workshops as General Convener and Programme Convener in her college. She conducts workshops on Co-operative Learning, Lesson Planning, Social Intelligence and STEM Education. She organizes and conducts career guidance programme for high school students. She has co-authored a book and has published several theoretical as well as research based papers in journals and other publications. She has also conducted a workshop on “Know Thyself in the International Education Summit, DIDAC. Her aim is to create teachers who are warm and caring; who work to ensure a classroom atmosphere that is stimulating, encouraging, and adaptive to the varied needs of students so that all children are successful learners.

Mrs. Nahida Mandviwala is an Assistant Professor at Rizvi College of Education and has been associated with the college for eight years. She holds Post Graduate degrees in Philosophy and Education, from University of Mumbai. With the aim to transact the curriculum with an element of enjoyment she embarked on her career in Education in 2009. Her thrust research areas include Qualitative research methods. She is presently pursuing her Ph.D. work from University of Mumbai under the guide ship of Dr. Sybil Thomas. This year she was a member of the peer review team for the conference journal published by the college, attended a workshop on Research, presented one paper and published 2 of her research papers in UGC approved Journals. She has co-authored a manual for self-reflection ‘Know Thyself: Unveil the Inner Essence’, conducted workshops for teachers at The International Summit, DIDAC, India and on Stem Approach to Teaching. Her earnest desire to foster effective Language skills enabled her to design and conduct a value added course on ‘Enhancing Teachers Proficiency in English Communication’. She is also appointed as a paper setter and moderator at University of Mumbai. Keeping the motto ‘Learning by Doing’ etched in her mind her lectures are activity oriented to help increase retention among students.



Dr. Priyanka Pandey is a Post Graduate in Psychology and Education; she received her Ph.D in Psychology from Dept. of Psychology, B.H.U., Varanasi. Her doctoral work is on Indian psychotherapy and its utility with certain psychosomatic illness. She strongly believes that human beings can alter their lives by altering their attitudes of mind. She has been previously affiliated with Rahul B.Ed. College and Ashadeep Adhyapak B.Ed. College as a full time Assistant Professor. She has presented many research papers at National and International level and published 14 research papers in Journal. She has also authored book on 'Know Thyself, Unveil your Inner Essence- A Manual for Self Reflection and Wellness'. Her specialization includes Psychology in Education, Guidance and Counselling, Teaching and Learning and Action Research. She is also associated with Manav Kalyan Kendra since last 5 years as a Clinical Psychologist, she is an approved guide of IGNOU for P.G. section. She has conducted several workshops on Yoga as Interventional Strategy in Rizvi B.Ed. College. She has also conducted vocational career fair for high school students in Air India School, Mumbai. Her vision for Rizvi College of Education is harmonious growth and rightful conduct as well as development of 'wholesome personality' and 'continuous growth'.



Dr. Rakhi Sawlane is a Post Graduate in Science and Education. She has qualified NET (Education). She has obtained Ph.D. in Education from Department of Devi Ahilya University, Indore on Biological Science Inquiry Models of Teaching. She has been associated with Clara's College of Education as a full time Assistant Professor. She is an approved academic counselor for IGNOU B.Ed. Course. She had worked as a visiting faculty in B.M. Ruia College for course on Child Development. She is also pursuing Masters in Organisational Psychology from IGNOU. Her life motto is to obtain wisdom and excellence through dedicated work. She has published two educational tools namely Scientific Inquiry Scale and Cooperative Spirit and Skill Scale in National Psychological Corporation and 10 research papers in Educational Journals. She has co-authored a book 'Know Thyself - Unveil your inner essence'. She has been a member of Peer review team for the conference journal published by the college. She has successfully conducted workshop on story-telling and an awareness program on mental health for B.Ed. students. She has been a part of student council committee, examination committee and grievance redressal cell in Rizvi College of Education. She has arranged and coordinated guest lectures, educational visits and tours for student teachers.



Mrs. Pooja Manghirmalani Mishra is a Post Graduate in Computer Science and Education. She has qualified SET (Education). Recently she has submitted her Ph.D. in Computer Science where her work is on to improve the large margin classifiers for semi-supervised learning. She has worked as a post-graduate teacher for several years and is associated with departments of Computer Science, Statistics and IDOL of the University of Mumbai. Her goal is to combine her experience, ability, teaching skills, research attitude and creativity for training the future teachers of the society. She has 14 research papers under her credit and is associated with different international research organisations like Machine Intelligence Research labs, USA as an expert and a peer reviewer. She has co-authored one book from Rizvi College of Education and 12 self-learning materials for IDOL of University of Mumbai. Mrs. Pooja is known for her organisational skills and has been a part of organisation committees of various national and international conferences. She has conducted workshops on Self Reflection & Wellness at DIDAC and IIT Delhi and on Portfolio Development at various institutions. Apart from being known for her bench mark research in the area of Artificial Intelligence, she is tirelessly working for the children with learning disabilities and trying to create an inclusive environment for them.

Achieving Milestones...

Rizvi College of Education encourages staff members to continuously work towards professional development. A glimpse of staff development undertaken during the year is as follows:

Dr. (Mrs.) Radhika Vakharia

- Conducted a workshop on “STEM to STEAM: Integrating the Art of Storytelling into Teaching” at the National Conference EERN, 2018
- Convener for National Conference titled Ethnography of Education: Reconnecting the Neurons of Indian Education System, April 2018
- Chief Editor for Aarhat Multidisciplinary International Education Research Journal E-ISSN- 2278:5655
- Peer Reviewer for Aarhat Multidisciplinary International Education Research Journal E-ISSN- 2278:5655
- Published a paper titled, “Mentoring: A Responsible Task”, EERN'18, Aarhat Multidisciplinary International Education Research Journal E-ISSN- 2278:5655, 2018
- Published a paper titled, “Internet Addiction Among Students: A Growing Concern”, EERN'18, Aarhat Multidisciplinary International Education Research Journal E-ISSN- 2278:5655, 2018
- Designed and conducted a value added course on “Enhancing Teachers Proficiency in English Communication” Feb–April, 2018
- Published a paper titled, “Altitudinal Barriers towards People with Disabilities” in the proceedings of two day state level Seminar on Inclusive Education 19-20th December, 2017 ISBN–978-81-933310-3-3
- Presented the paper titled, “Wellness and Reflection” at the International Conference of Teaching and Learning, IIT Delhi, 2017
- Conducted an extension activity “Career Awareness Program” in Air India Modern School and “Mental Health Awareness Drive” at Bandra Station
- Conducted the Workshop on 'Know Thyself: Unveiling your Inner Self' in IDA Connect Workshops organized by DIDAC India, in September, 2017
- Co-Authored the book titled “ Know Thyself, Unveil Your Inner Essence: A Manual for Self-Reflection and Wellness” ; ISBN 978-81-935823-0-5 organized by Rizvi College of Education

Mr. Gyanprakash Arya

- Published a paper titled, “Shiksha aur Mahrishi Dayanand” EERN'18, Aarhat Multidisciplinary International Education Research Journal E-ISSN-2278:5655, 2018
- Peer Reviewer for Aarhat Multidisciplinary International Education Research Journal E-ISSN- 2278:5655
- Part of organising committee for National Conference titled EERN, April 2018
- Published a paper titled, “Emotional Maturity and Social Maturity of B.Ed. Teacher Trainees” Vidya Warta, International Multilingual Research Journal, ISSN-23199318, 2018
- Published a paper titled, “Mental health Study of the Student Teachers on the basis of Religion” Printing Area, International Interdisciplinary Research Journal, ISSN : 2395-5303, 2018
- Conducted an extension activity Mental Health Awareness Drive at Bandra Station and conducted Stress Management through Yoga Meditation workshop at Rizvi College of Education from July to October, 2017
- Published a paper titled, “Mental Health Study of Adolescent Students” Sanshodhan Chetana, ISSN : 2319-5525, 2017
- Submitted Ph.D. thesis in the field of Education

Mrs. Spoty Karthik

- Conducted a Workshop 'STEM to STEAM: Integrating the Art of Storytelling into Teaching' in the National Conference EERN, 2018
- Presented and Published the Paper titled 'Exploring the Teacher Efficacy of Secondary and Higher Secondary School Teachers: A Quantitative Assessment' EERN'18, Aarhat Multidisciplinary International Education Research Journal E-ISSN- 2278:5655, 2018
- Peer Reviewer for Aarhat Multidisciplinary International Education Research Journal E-ISSN- 2278:5655
- Part of organising committee for National Conference titled Ethnography of Education: Reconnecting the Neurons of Indian Education System, April 2018
- Presented and published a paper titled 'STEM Education for Women: Bridging the Gender Gap in India' in Proceedings of National Seminar on Women Education organised by G.E. Society's College of Education, Sangamner, Nashik, India. ISBN 978-81-933310-5-7, 2018
- Conducted an extension activity “Career Awareness Program” in Air India Modern School

Conducted the Workshop on 'Know Thyself: Unveiling your Inner Self' in IDA Connect Workshops organized by DIDAC India, in September, 2017

- Co-Authored the book titled “ Know Thyself, Unveil Your Inner Essence: A Manual for Self-Reflection and Wellness” ; ISBN 978-81-935823-0-5 organized by Rizvi College of Education
- Attended a workshop on ICSSR sponsored National Workshop on Research Methodology in Social Science organized by Gokhale Education Society's College of Education and Research, 31st July – 05th Aug, 2017

Mrs. Nahida Mandviwala

- Conducted a workshop on “STEM to STEAM: Integrating the Art of Storytelling into Teaching” at the National Conference EERN, 2018
- Presented & published a paper titled, “Understanding the Relationship Between Bullying Attitude and Personality Traits among High School Students” EERN'18, Aarhat Multidisciplinary International Education Research Journal E-ISSN- 2278:5655, 2018
- Peer Reviewer for Aarhat Multidisciplinary International Education Research Journal E-ISSN- 2278:5655
- Part of organising committee for National Conference titled Ethnography of Education: Reconnecting the Neurons of Indian Education System, April 2018
- Published a paper titled, “Cultivating Reflective Thinking Skills: A Grounded Theory Approach” in EIIRJ ISSN–2277-8721, UGC Approved Journal No 48833, Jan – Feb 2018
- Designed and conducted a value added course on “Enhancing Teachers Proficiency in English Communication” Feb – April, 2018
- Conducted the Workshop on 'Know Thyself: Unveiling your Inner Self' in IDA Connect Workshops organized by DIDAC India, in September, 2017.
- Co-Authored the book titled “ Know Thyself, Unveil Your Inner Essence: A Manual for Self-Reflection and Wellness” ; ISBN 978-81-935823-0-5
- Attended ICSSR sponsored National Workshop on Research Methodology organized by Gokhale Education Society's College of Education , 31st July – 05th Aug, 2017

Dr. (Mrs.) Priyanka Pandey

- Conducted a workshop on “STEM to STEAM: Integrating the Art of Storytelling into Teaching” at the National Conference EERN, 2018

- Presented and published a paper titled, “Elevation of Meditation (Samadhi) as a Component of Indian Psychotherapy and its Ameliorative Utility with Special Reference to Generalized Anxiety Disorder in Schools”, EERN'18, Aarhat Multidisciplinary International Education Research Journal E-ISSN- 2278:5655, 2018
- Published a paper titled, “A Study on Self Esteem of Adolescent of Suburban Mumbai”, EERN'18, AMIERJ, E-ISSN- 2278:5655, 2018
- Published a paper titled, “Examination Stress Among School Children in Relation to Personality and Achievement Motivation from Mumbai City”, EERN'18, AMIERJ, E-ISSN- 2278:5655, 2018
- Published a paper titled, “A Study of Metacognition Skills of Junior College Student”, EERN'18, AMIERJ, E-ISSN- 2278:5655, 2018
- Peer Reviewer for Aarhat Multidisciplinary International Education Research Journal E-ISSN- 2278:5655
- Part of organising committee for National Conference titled Ethnography of Education: Reconnecting the Neurons of Indian Education System, April 2018
- Presented and published a paper titled, “Student Center Pedagogy is the Future of Learning; Best Practices for the 21st century”, at National Conference on Dynamics of Effective Classroom Teaching, organized by Thakur College of Education, March 2018, Vidyawarta International Multilingual Research Journal: 16th- 17th March, 2018; ISSN-23199318.
- Conducted an extension activity “Career Awareness Program” in Air India Modern School and “Mental Health Awareness Drive” at Bandra Station
- Conducted Stress Management through Yoga Meditation workshop at Rizvi College of Education from July to October, 2017
- Co-Authored the book titled “ Know Thyself, Unveil Your Inner Essence: A Manual for Self-Reflection and Wellness”; ISBN 978-81-935823-0-5

Dr. Rakhi Sawlane

- Conducted a workshop on “STEM to STEAM: Integrating the Art of Storytelling into Teaching” at the National Conference EERN, 2018
- Presented a paper titled, “Understanding Self in Context of Social Change” in a National conference organised by Department of Education, University of Mumbai, 8th-9th March, 2018
- Presented and published a paper titled, “An Ethnographic Study of Culture of Procrastination among College Students”, EERN'18, AMIERJ, E-ISSN- 2278:5655, 2018
- Presented and published a paper titled, “Skill Development in Students through Inquiry as Teaching Learning Strategy” EERN'18, AMIERJ, E-ISSN-

2278:5655, 2018

- Presented and published a paper titled, “Integrating Cooperative Spirit and Skills in Learning Culture” EERN '18, AMIERJ, E-ISSN- 2278:5655, 2018
- Peer Reviewer for Aarhat Multidisciplinary International Education Research Journal E-ISSN- 2278:5655
- Part of organising committee for National Conference titled Ethnography of Education: Reconnecting the Neurons of Indian Education System, April 2018
- Co-Authored the book titled “ Know Thyself, Unveil Your Inner Essence: A Manual for Self-Reflection and Wellness” ; ISBN 978-81-935823-0-5 organized by Rizvi College of Education
- Awarded Ph.D. degree in Education

Mrs. Pooja Manghirmalani-Mishra

- Conducted a workshop on “STEM to STEAM: Integrating the Art of Storytelling into Teaching” at the National Conference EERN, 6 – 7th April, 2018; organised by Rizvi College of Education.
- Organising Secretary for National Conference titled Ethnography of Education: Reconnecting the Neurons of Indian Education System, April 2018
- Editor for Aarhat Multidisciplinary International Education Research Journal E-ISSN- 2278:5655
- Peer Reviewer for Aarhat Multidisciplinary International Education Research Journal E-ISSN- 2278:5655
- Published the paper titled, “Adapting Digital Storytelling for Students with LD to pursue Stem Education” EERN '18, AMIERJ, E-ISSN- 2278:5655, 2018
- Published the paper titled, “Assessment of EQ of Adolescent Students & Suggesting Interventional Strategies for Leveraging their Weaker Skills” EERN'18, AMIERJ, E-ISSN- 2278:5655, 2018
- Published the paper titled, “Redefining Remedial Teaching for the Students with LD using Intelligent Agents” EERN'18, AMIERJ, E-ISSN- 2278:5655, 2018
- Presented the paper titled, “Learning Disability Remediation using Intelligent Agents” International Conference of Teaching and Learning, IIT Delhi, 2017
- Published the paper titled, “Attribute Reduction to Enhance Classifier's Performance- a LD Case Study” Journal of Applied Research DOI: 10.15373/2249555X, 2017
- Co-Authored the book titled “Know Thyself, Unveil Your Inner Essence: A Manual for Self-Reflection and Wellness”; ISBN 978-81-935823-0-5 organized by Rizvi College of Education
- Submitted Ph.D. thesis in the field of Computer Science

Ethnography of Education Reconnecting the Neurons of Indian Education System 6th -7th April, 2018

Ethnography refers to the scientific description of people along with their customs, habits and mutual differences. Ethnography of Education aims at merging the differences in the Indian Education System through re-establishing the paradigms of Education. These differences may have ascended due to culture, customs, habits, environment, attitude and sometimes even the aptitude of student teachers. This National Multi-Disciplinary Conference is for exploring the philosophies that have created this ethnographic transition and to propose solutions to reconnect the gaps.

Reconnecting the Neurons

As teachers, coaches and parents everywhere like to say: 'Practice makes Perfect', doing something over and over again doesn't just make it easier, it actually changes the brain. Neurons grow, they form connections with new neurons. Similarly, the Indian Education system has to rewire itself, change over the course of time and grow. For the Education system to undergo this rewiring, the teacher community needs to actively look at certain dimensions of teaching/learning, assessments, innovations and so on. To rediscover our educational philosophies, we need to change the lens through which we view them.

Following were the sub-themes for the conference.

Sub-Themes

- I: Exploring Teacher Potential in Language, Literature and Cognition
- II: Leading the Change towards Holistic Approach
- III- Making Learning Alive by Integration of Art Forms
- IV- Changing Panorama of Mental Health in Education
- V- Future Ready Teachers
- VI: Evaluating Teacher Performance
- VII- Reflection: The Key to Rewire and Rekindle the Passion of Teaching

The conference was spread over the span of two days. On the first day, the inauguration was done by our chief guests, Dr. Indu Garg (retired Professor from Department of Education, University of Mumbai), Dr. Hemlata Chari (retired deputy Director, IDOL, University of Mumbai), Prof. Paul Raj (I/c Principal, Rizvi College of Arts, Science and Commerce), Ms. Asllesha Thakur (Director of LEAD Innovative, New Delhi) and the Convenor and I/c Principal of Rizvi College of Education, Dr. Radhika Vakharia. The theme of the conference was discussed in the inauguration and each

guest shared their view point.

The key note address followed the inauguration. It was conducted by Ms. Thakur in the form of the workshop. Through this session, she discussed and deliberated upon the eight sub-themes of the conference and conducted several activities like Bingo and Think-Pair-Share.

The second half of the day was dedicated for paper presentations where some benchmark research work like the following were presented:

- Assessment of EI& Leveraging weaker skills
- Psychotherapy and Meditation
- Study of Metacognition and Procrastination
- Sensitive issues like Bullying, Junk Food habit, Internet addiction, etc.
- Inclusiveness and LD Remediation

Day two began with the very interesting workshop titled STEM to STEAM.

It aimed at Integrating the Art of Storytelling into Teaching conducted by Dr. Radhika Vakharia, Mrs. Spoty Karthik, Mrs. Nahida Mandviwala, Dr. Priyanka Pandey, Dr. Rakhi Sawlane and Mrs. Pooja Manghirmalani Mishra. It was full of digital narrative stories, great props and a lot of food for thought. The session ended with a guided meditation where the 5 chapters of life were discussed.

The workshop was followed by pre-lunch paper presentations chaired by Dr. Asawari Gudipudi, Dean, MIT and the post lunch paper presentation session was chaired by Dr. Deepthi Mankad, Founder and Director of Mind-Speak. Valedictory session marked the end of this research meet where the guests of honour were Dr. Sushil Kulkarni (Scientist and Head Dept. of Mathematics, Jai Hind College), Mrs. Krishna Tiwari (Joint Secretary, Rahul group of Education), Dr. Gudipudi and Dr. Mankad.

The reflections given by each of the dignitaries highlighted the need for good quality of research work, the essence of digitalisation, need for ethnography and need to instil aesthetics in education.

Editorial Team for Aarahat Multidisciplinary Journal:

Dr. Radhika Vakharia (Chief Editor)

Mrs. Pooja Manghirmalani-Mishra (Editor)

Organising Committee

Dr. Radhika Vakharia (Convenor)

Mrs. Pooja Manghirmalani Mishra (Organising Secretary)

Mr. Gyanprakash Arya

Mrs. Spoty Karthik

Mrs. Nahida Mandviwala

Dr. Priyanka Pandey

Dr. Rakhi Sawlane

Peer Review Team

Dr. Radhika Vakharia

Mr. Gyanprakash Arya

Mrs. Spoty Karthik

Mrs. Nahida Mandviwala

Dr. Priyanka Pandey

Dr. Rakhi Sawlane

Mrs. Pooja Manghirmalani Mishra



National Conference

EERN 2018





COMING UP NEXT :

THE WAY AHEAD

▶ DIGITAL TEACHERS

▶ THEMATIC TEACHING WORKSHOP

▶ PERSONALITY DEVELOPMENT

▶ RESEARCH IN EDUCATION

▶ ADULT EDUCATION & EXTENSION

▶ INTERNATIONAL CONFERENCE

▶ ACADEMIC PARTNERSHIPS

▶ A NEW ATTIRE

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Rizvi College Of Hotel Management & Catering Technology
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Rizvi Springfield High School (S.S.C. & C.B.S.E.)
Rizvi Institute Of Management Studies & Research
Rizvi Academy Of Business Management
Rizvi College Of Architecture
Rizvi College Of Engineering
Rizvi Law College
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Dr. Rizvi Springfield High School (CBSE)
Dr. Rizvi College of Law
Dr. Rizvi College of Engineering

JAUNPUR

Dr. A. H. Rizvi College Of Science and Commerce
Dr. Rizvi Learners Academy (School)

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