## SWACHHATA HI SEWA: A CLEANLINESS DRIVE ON 2<sup>ND</sup> OCT, 2018

On the eve of Gandhi Jayanti, Bandra West witnessed the Gandhian ideology being practiced by young students, pre-service teachers and their mentors. As a part of the on -going Swachh Bharat Abhiyan, an intensive cleanliness drive 'SWACHHATA HI SEWA' was jointly organised by Awami Educational Institutions and Rizvi College of Education, a befitting tribute to Mahatma Gandhi on his birth Anniversary. Student of Rizvi College of Education and Awami school and Junior college students held Swachata hi Sewa rally in Awami Junior college surrounding and speeded the message of cleanliness to the society. Followings are the glimpse of the program: Swachhata Hi Sewa: A Cleanliness Drive On 2<sup>nd</sup> Oct, 2018







### RIZVI COLLEGE OF EDUCATION

Date: 26.09.2018

#### NOTICE

The college in collaboration with Awami School & Jr. College, Bandra (west) is organizing a cleanliness drive, as part of Government's "Swachhta Hi Seva" movement, on the 01st of October 2018 a befitting tribute to Mahatma Gandhi on his birth anniversary. With a great mission of ensuring a cleaner and healthier future of our nation we take up Shramdaan activities on the day. All staff and students are informed to participate in the event whole heartedly.

Venue: Awami School and Junior College, Bandra (west)

Reporting time: 10.30 am

Jan. Atracks

Mr. Gyanprakash Arya Le Principal

Staff In charge

Mrs. Spoty Karthik 80

Mrs. Nahida Mandviwala



## Rizvi Education Society's Rizvi College of Education

**Awami Urdu High School** 

A.R.S. Awami **English School** (Bandra W)

**Awami Junior College** of Arts & Commerce

Organises

### **SWACHHATA HI SEVA** DRAWING COMPETITION CERTIFICATE

from \_\_

has secured

position in the drawing competition held on 1st October, 2018

Mr. Gyanprakash Arya I/c Principal, Rizvi College of Education

Al-Nasser Zakaria

Co-ordinator, Awami Welfare Association Maharashtra

# MENTAL HEALTH AWARENESS CAMP AT RIZVI ARTS, SCIENCE AND COMMERCE -2018 OCTOBER

On 10<sup>th</sup> October 2018, marking the occasion of World Mental Health Day, Rizvi College of Education arranged a remarkable event, consisting of varied activities to emphasize mental fitness of individuals, especially adolescents at large. This was in tune with the World Health Organisation's Mental Health Awareness Day 2018 theme, "Young People and Mental Health in a Changing World". The event had many activities aimed at mental wellness.

- Emoji Activity Check your mood A Smiley activity where the students express their mood using emoticons.
- Stress Screening Test A short test to identify the stress level of the test takers.
- Counselling Sessions Based on the above stress screening the students are referred for further counseling sessions in the college or other counseling clinics.

The counseling sessions were conducted by Dr. Trupti Barchha, Mrs. Spoty Karthik, Dr.Priyanka Pandey and Dr. Rakhi Sawlane. For spreading awareness, posters depicting the significance of mental health and the need of removing the stigma associated with mental ailments were displayed throughout the venue.

