



RIZVI EDUCATION SOCIETY'S  
**RIZVI COLLEGE OF EDUCATION**  
(Affiliated To University Of Mumbai)



**Women Development Cell and IQAC**  
In Collaboration With  
**ARPAN**  
Organises  
**Training on Understanding  
Child Sexual Abuse & Personal Safety Education**

**Trainer**  
**Ms. Sayali Arun Jadhav**

 **28th October, 2023**       **10 am to 5 pm**       **5th Floor, 503**

**CHIEF PATRONS**



**Dr. Akhtar Hasan Rizvi**  
President,  
Rizvi Education Society



**Adv. Mrs. Rubina A. H. Rizvi**  
Director,  
Rizvi Education Society

**Dr. Spoty Karthik**  
I/C Principal

**Women Development Cell- Members**

**Co-ordinator**  
**Mrs. Nahida Mandviwala**

**Organising Committee,  
Staff Members**  
**Ms. Jyoti Bhatia**  
**Dr. Shweta Srivastava**

**Organising Committee,  
Student Members**  
**Ms. Sana Shaikh**  
**Ms. Snehal Sahu**  
**Ms. Muskan Khan**



## **Report: Training on Understanding Child Sexual Abuse and Personal Safety Education.**

**Name of the Programme:** Training on Understanding Child Sexual Abuse and Personal Safety Education.

**Date** : 28.10.2023

**Day** : Saturday

**Venue** : 503 Classroom

**Time** : 10:00am to 5:00pm

**Resource Person** : Ms. Sayali Jadhav and Mrs. Rehea Quadros

**Organised By** – IQAC and Women Development Cell

No of Participants- 40

### **Objectives-**

To discuss and share strategies for preventing child sexual abuse, within families and in community settings.

To increase awareness among participants about the prevalence and consequences of child sexual abuse, helping them understand the importance of this issue.

To prepare the student-teachers for the Personal Safety Education that needs to be conducted in the practice teaching institutes.

### **Participants in the Programme and No**

- S.Y. B.Ed. Student Teachers – 40 Students

***"Protecting children is a shared responsibility. Knowledge is the key to prevention, and personal safety education is the shield that safeguards their innocence."***

As an initiative of IQAC and Women Development Cell of RCoEd in collaboration with ARPAN, organised a training session on Understanding Child Sexual Abuse and Personal Safety Education, the training was conducted by Ms. Sayali Jadhav, a seasoned trainer at Arpan Organization, draws from her educational background in Philosophy and a Masters in Social Work from Mumbai University. She passionately engages with NGOs and hospitals during her academic journey, actively contributing to the cause. Through nationwide training initiatives, she fervently advocates for child sexual abuse prevention, equipping adults with the essential tools to safeguard children. Her role at Arpan serves as a powerful platform for societal impact. Ms. Sana Shaikh was the comparer for the session.

The training session commenced with a brief introduction to Arpan NGO, an organization dedicated to the protection of children from sexual abuse and exploitation. Arpan's mission, vision, and their significant contributions to this field were highlighted, setting the stage for an

informative and engaging session. The session focused on the concept of a "zero tolerance policy" concerning child sexual abuse. Participants were made aware of the critical importance of adopting a strict stance against any form of abuse and the role they play in implementing this policy in their educational institutions. The facilitator provided an in-depth understanding of the United Nations Convention on the Rights of the Child (UNCRC) and the child's rights enshrined within it. This section emphasized the importance of safeguarding children's rights, particularly their right to protection from all forms of abuse. The training covered various forms of sexual abuse, including but not limited to physical, emotional, and online abuse. By identifying these types, participants were equipped with the knowledge needed to recognize and respond effectively to potential abuse cases. A crucial segment of the session involved presenting statistical data on child sexual abuse. A comparison was made between data from 2006 and 2021 to highlight the prevalence and change in percentages over time. This data underscored the alarming nature of the issue, emphasizing the importance of continuous efforts in prevention and awareness. During the personal safety education session, participants had the opportunity to engage in a multi-faceted learning experience. A thought-provoking video was screened, driving home the importance of personal safety and highlighting the potential risks children may face. This visual medium not only enhanced awareness but also fostered a deeper understanding of the subject matter. Additionally, a mock scenario was conducted, allowing participants to put their newly acquired knowledge into practice. Through this hands-on exercise, B.Ed student teachers gained valuable experience in addressing real-life situations and ensuring the safety of children. The combination of the video presentation and the mock scenario made the personal safety education session highly engaging and effective in preparing participants to be vigilant and proactive advocates for child safety.

Throughout the session, participants were encouraged to engage in interactive discussions, share their thoughts, and ask questions. This facilitated a dynamic learning environment, allowing the exchange of ideas and experiences related to child sexual abuse and personal safety.

The personal safety education session was a comprehensive learning experience. A powerful video emphasized the significance of personal safety and potential risks to children. This visual presentation deepened participants' understanding. Moreover, a hands-on mock scenario allowed B.Ed student teachers to apply their newfound knowledge, honing their skills in real-life situations to protect children. This combined approach, integrating video and practical exercises, made the session engaging and effective, empowering participants to become proactive advocates for child safety.

This workshop was truly empowering to all the student teachers of RCoEd. It equipped them with valuable knowledge and tools to protect and advocate for the safety of children under my care. The session's comprehensive content, including discussions on child sexual abuse, personal safety education and the importance of a zero tolerance policy, gave the novice teachers a deeper understanding of my role as an educator. The practical aspects, such as the video presentation and mock scenario, helped them visualize real-life situations and develop the skills to address them effectively. This training has not only heightened the student-teachers awareness but also instilled in them a sense of responsibility to actively promote child safety and protection in educational settings. It has inspired the student-teachers to be a vigilant and compassionate advocate for children's well-being and rights, making a positive impact as a future teacher.



*Introduction of the Trainee by Student-teacher, Ms. Sana Shaikh*



Workshop conducted by Ms. Sayali Jadhav- Trainee, ARPAN



Mrs. Rehea Quadros accompanied Ms. Sayali for the workshop